



Brookfield Fall/Winter Menu 2022-23

Week 1

ASSISTED LIVING • MEMORY CARE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Continental Yogurt Fresh Fruit Pastry	Bagel with Cream Cheese Boiled Egg Toast Fruit	Waffle with Hot Fruit Topping Sausage	Pancakes Fruit	Denver Scramble Fruit	Egg Bake Muffins Fruit	Pancake Wrap Fruit
Lunch						
Baked Glazed Ham Sweet Potato Mixed Vegetables Roll Baked Fresh Chef Choice Dessert 2% Milk Coffee/Tea Water	Roast Pork with Mushrooms Noodles Normandy Vegetable Blend Chef Choice Dessert 2% Milk Coffee/Tea Water	Baked Chicken ** Loaded Baked Potato Green Beans Chef Choice Dessert 2% Milk Coffee/Tea Water	Salisbury Steak Vegetables Mashed Potatoes Gravy Dinner Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Oriental Pork Fried Rice Stir Fry Vegetables Homestyle Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Gyros Greek Salad Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Roasted Beef Mashed Potatoes Parsley Cauliflower Chef Choice Dessert 2% Milk Coffee/Tea Water
Dinner						
Stuffed Peppers Mashed Potatoes Chef Choice Dessert 2% Milk Coffee/Tea Water	Chicken Salad Sandwich on Croissant Couscous Tomato Basil Salad Ice Cream 2% Milk Coffee/Tea Water	Chef Choice Soup Salad Dinner Roll Fresh Fruit Chef Choice Dessert 2% Milk Coffee/Tea Water	Soup Du Jour 1/2 Deli Sandwich Chef Choice Dessert 2% Milk Coffee/Tea Water	Pizza Burger Tater Kegs Chef Choice Vegetable Chef Choice Dessert 2% Milk Coffee/Tea Water	Mexican Taco Bake Salad Chef Choice Dessert 2% Milk Coffee/Tea Water	Brat Patty Baked Beans Onion Rings Chef Choice Dessert 2% Milk Coffee/Tea Water

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Week 2

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Continental Yogurt Fresh Fruit Pastry	Scrambled Eggs Bacon Fruit	Pigs In A Blanket Fresh Fruit	French Toast Fruit	Denver Scramble Fruit	Egg and Cheese Sandwich Fruit	Western Frittata Ham & Cheese Vegetable Toast Fruit
Lunch						
Apple, Brie and Cranberry Chicken Wild Rice Chef Choice Dessert 2% Milk Coffee/Tea Water	Spaghetti with Meat Sauce Salad Garlic Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Hamburger on Bun Corn Nuggets Relish Tray Chef Choice Dessert 2% Milk Coffee/Tea Water	Pork Steak ** Sauerkraut Dumplings Chef Choice Dessert 2% Milk Coffee/Tea Water	Chicken Taco Cheese Tortellini Salad Chef Choice Dessert 2% Milk Coffee/Tea Water	Fish Baby Red Potatoes Cheese Broccoli Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Pot Sticker Fried Rice Egg Roll Bread Chef Choice Dessert 2% Milk Coffee/Tea Water
Dinner						
Cream Chipped Beef over Biscuits Peas Ice Cream 2% Milk Coffee/Tea Water	Chicken Tenders Sweet Potato Vegetables Chef Choice Dessert 2% Milk Coffee/Tea Water	Ham & Potato Au Gratin Hawaiian Roll Choice of Dressing Fruit Salad Fluff Chef Choice Dessert 2% Milk Coffee/Tea Water	Chef Choice Soup 1/2 Deli Sandwich Chef Choice Dessert 2% Milk Coffee/Tea Water	Swedish Meatballs Noodles Peas & Onions Chef Choice Dessert 2% Milk Coffee/Tea Water	Italian Sausage Sandwich Chips & Salsa Chef Choice Dessert 2% Milk Coffee/Tea Water	Pork Burger Spinach Salad Chef Choice Dessert 2% Milk Coffee/Tea Water

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Week 3

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Continental Yogurt Fresh Fruit Pastry	Bagel with Cream Cheese Boiled Egg Toast Fruit	Waffle with Hot Fruit Topping Sausage	Pancakes Fruit	Denver Scramble Fruit	Egg Bake Muffins Fruit	Pancake Wrap Fruit
Lunch						
Spinach Stuffed Shells Fresh Fruit White Sauce Buttered Breadstick Bread Pudding 2% Milk Coffee/Tea Water	Roast Beef Baked Potato Broccoli Homestyle Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Chef Salad Buttered Breadstick Chef Choice Dessert 2% Milk Coffee/Tea Water	Apple Chicken Sage Sausage Sandwich Salad Chef Choice Dessert 2% Milk Coffee/Tea Water	Monte Cristo Sandwich Red Cabbage Oven Fried Potato Chef Choice Dessert 2% Milk Coffee/Tea Water	Fish Broccoli Fresh Baked Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Chicken & Waffles Chef Choice Dessert 2% Milk Coffee/Tea Water
Dinner						
Hot Dog Cowboy Beans Tater Kegs Fruit Ice Cream Sundae 2% Milk Coffee/Tea Water	BBQ Smoked Chicken ** Au Gratin Potato Glazed Carrots Choice of Dressing Chef Choice Dessert 2% Milk Coffee/Tea Water	1/2 Turkey Club Wrap Soup Du Jour Chef Choice Dessert 2% Milk Coffee/Tea Water	Tuna Noodle Bake Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Loaded Macaroni & Cheese Green Beans Dinner Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Sloppy Joe on Bun Tortellini Salad Chef Choice Dessert 2% Milk Coffee/Tea Water	Soup Du Jour 1/2 Italian Summer Sausage Cheese Sandwich Chef Choice Dessert 2% Milk Coffee/Tea Water

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Week 4

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Continental Yogurt Fresh Fruit Pastry	Scrambled Eggs Bacon Fruit	Pigs In A Blanket Fresh Fruit	French Toast Fruit	Denver Scramble Fruit	Egg and Cheese Sandwich Fruit	Western Frittata Ham & Cheese Vegetable Toast Fruit
Lunch						
Ham Au Gratin Potato Broccoli Brussel Sprouts Homestyle Roll Sour Cream and Chives Chef Choice Dessert 2% Milk Coffee/Tea Water	Sweet Sour Chicken Rice Pilaf Stir Fry Vegetables Dinner Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Beef Tacos Chef Choice Dessert 2% Milk Coffee/Tea Water	Corned Beef Cabbage Red Potatoes Baby Carrots Rye Bread Chef Choice Dessert 2% Milk Coffee/Tea Water	Baked Cod Loaded Baked Potato Garlic & Herb Broccoli Fresh Baked Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Enchilada Bake Spanish Rice Roll Chef Choice Dessert 2% Milk Coffee/Tea Water	Manicotti with Pesto Sauce Tossed Salad Choice of Dressing Garlic Bread Chef Choice Dessert 2% Milk Coffee/Tea Water
Dinner						
Chili Cheese Stuffed Pretzel Ice Cream Sundae 2% Milk Coffee/Tea Water	Ravioli with Sauce Breadstick Spinach Salad Chef Choice Dessert 2% Milk Coffee/Tea Water	Turkey Gravy on Bun Green Beans Cranberry Salad Chef Choice Dessert 2% Milk Coffee/Tea Water	Chicken Tenders Potato Wedges Tomato Cucumber Salad Chef Choice Dessert 2% Milk Coffee/Tea Water	BBQ Pork Sandwich Cole Slaw Onion Rings Chef Choice Dessert 2% Milk Coffee/Tea Water	Soup Du Jour Saltines 1/2 Sandwich Red Jell-O with Fruit Chef Choice Dessert 2% Milk Coffee/Tea Water	Chicken Drummies ** Baked Beans Corn on the Cob Chef Choice Dessert 2% Milk Coffee/Tea Water

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