

ASSISTED LIVING • MEMORY	CARE	-				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Muffin Hard Boiled Egg Yogurt Fresh Cut Up Fruit Cereal (Hot or Cold)	Scrambled Eggs Hashbrown Chicken Sausage Patty Fresh Fruit Cereal Yogurt	French Toast Stick Fresh Fruit Cereal Yogurt	Pancakes Bacon Fresh Fruit Cereal Yogurt	Breakfast Casserole Bake Fresh Fruit Cereal Yogurt	Biscuit and Sausage Gravy Fresh Fruit Cereal Yogurt	Egg Omelet Hashbrowns Yogurt Fresh Fruit Cereal (Hot or Cold)
Lunch						
Brown Sugar Glaze Ham Baked Potato Broccoli Wheat Roll Brownies Coffee Or Tea Milk	Spaghetti with Meat Sauce Italian Vegetables Garlic Bread Toffee Bar Coffee Or Tea Milk	Baked Rosemary Chicken Rice Pilaf Seasoned Broccoli Wheat Roll Apple Cobbler Coffee Or Tea Milk	Tuna Noodle Casserole Green Beans Wheat Roll Banana Pudding Coffee Or Tea Milk	BBQ Chicken Au Gratin Potatoes Cole Slaw Wheat Bread Strawberry Shortcake Coffee Or Tea Milk	Herb and Lemon Fish Wild Rice Blend Spinach Toscana Wheat Roll Cheesecake Coffee Or Tea Milk	Pot Roast Gravy Potatoes & Onions Celery & Carrots Wheat Roll Pudding Parfait Coffee Or Tea Milk
Dinner						
Stuffed Shells Alfredo Sauce Garlic Bread Salad Cheesecake Coffee Or Tea Milk	Turkey Loaded Baked Potato California Blend Wheat Roll Strawberry Fluff Coffee Or Tea Milk	Minestrone Soup Whole Wheat Crackers Tuna Salad Sandwich on Wheat Carrot Raisin Salad Ice Cream Coffee Or Tea Milk	Stuffed Pepper Corn Wheat Roll Frosted Marble Cake Coffee Or Tea Milk	Beef Stew Biscuit Cucumber Onion Salad Ice Cream Coffee Or Tea Milk	Hamburger on Bun American Fried Potatoes Sauteed Onions & Peppers Chilled Pears Coffee Or Tea Milk	Red Bean Soup Whole Wheat Crackers Chicken Po' Boy French Fries Lettuce & Tomato Mixed Mellons Coffee Or Tea Milk

^{*} Menus are subject to change without any advance notice due to product availability



ASSISTED LIVING . MENORY	CARE					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Muffin Hard Boiled Egg Yogurt Fresh Cut Up Fruit Cereal (Hot or Cold)	Waffles Scrambled Eggs Fresh Fruit Cereal Yogurt	Breakfast Skillet Fresh Fruit Cereal Yogurt	Eggs Chicken Sausage Hash Browns Fresh Fruit Cereal Yogurt	French Toast Bacon Fresh Fruit Cereal Yogurt	Quiche Fresh Fruit Cereal Yogurt	Egg Omelet Hashbrowns Fresh Fruit Cereal (Hot or Cold)
Lunch						
Roast Beef Gravy Rosemary Red Potatoes Carrots Wheat Roll Deluxe Peanut Butter Pie Coffee Or Tea Milk	Fried Fish Tarta Sauce Macaroni & Cheese Calico Slaw Hushpuppies Strawberries with Whip Topping Coffee Or Tea Milk	Roast Turkey Poultry Gravy Mashed Potatoes Green Peas Wheat Bread Frosted Brownie Coffee Or Tea Milk	Meatloaf Baked Potato Mixed Green Salad Dressing of Choice Wheat Roll Angle Food Cake Coffee Or Tea Milk	Vegetable Stir Fry Fried Rice Egg Roll Banana Bread Coffee Or Tea Milk	Grilled Chicken Breast on Bun Potato Salad Marinated Vegetable Salad Watermelon Coffee Or Tea Milk	Goulash Green Beans Wheat Bread Ice Cream Coffee Or Tea Milk
Dinner						
Chicken Tenders Pasta Salad Wheat Roll Mixed Melons Coffee Or Tea Milk	French Dip Sandwich Tater Tots Tossed Salad Dressing of Choice Ice Cream Sundae Coffee Or Tea Milk	Ham Salad Sandwich on Rye Sweet Potato Fries California Vegetables Coconut Cream Pie Coffee Or Tea Milk	Chicken Soup Whole Wheat Crackers Grilled Cheese & Tomato on Wheat Steamed Carrots Chilled Peaches Coffee Or Tea Milk	Meatballs w/Marinara Penne Pasta Peas & Pearl Onions Wheat Roll Cookies Coffee Or Tea Milk	Baked Fish Cream Dill Sauce Buttered Corn Parslied Cauliflower Wheat Bread Fresh Orange Slices Coffee Or Tea Milk	Cheese Pizza Cucumber Onion Salad Breadstick Apple Cobbler Coffee Or Tea Milk

^{*} Menus are subject to change without any advance notice due to product availability



ASSISTED LIVING • MEMORY	CARE					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Muffin Hard Boiled Egg Yogurt Fresh Cut Up Fruit Cereal (Hot or Cold)	Scrambled Eggs Hashbrown Chicken Sausage Patty Fresh Fruit Cereal Yogurt	French Toast Stick Fresh Fruit Cereal Yogurt	Pancakes Bacon Fresh Fruit Cereal Yogurt	Breakfast Casserole Bake Fresh Fruit Cereal Yogurt	Biscuit and Sausage Gravy Fresh Fruit Cereal Yogurt	Egg Omelet Hashbrowns Yogurt Fresh Fruit Cereal (Hot or Cold)
Lunch						
Bruschetta Chicken Breast Garlic Mashed Potatoes Savory Carrots Wheat Roll Cheesecake Coffee Or Tea Milk	Lasagna Salad Garlic Bread Wheat Roll Key Lime Pie Coffee Or Tea Milk	Salisbury Steak Gravy Whipped Potatoes Roasted Carrots Wheat Roll Ice Cream Sandwich Coffee Or Tea Milk	Pasta Carbonara w/Turkey Seasoned Brussel Sprouts Wheat Roll Cupcakes Coffee Or Tea Milk	Italian Crusted Fish Parslied Rice Parmesan Green Beans Wheat Roll Mandarin Oranges Coffee Or Tea Milk	Grilled Brats Homemade Potato Salad Cowboy Beans Watermelon Coffee Or Tea Milk	BBQ Beef on Bun Roasted Potato Cole Slaw Wheat Bread Cookie Coffee Or Tea Milk
Dinner						
Lentil Soup Whole Wheat Crackers Tuna Salad Sandwich on Wheat Fruit Fluff Coffee Or Tea Milk	Crab Salad on Croissant Bun Broccoli Salad Wheat Bread Chilled Fruit Cup Coffee Or Tea Milk	Vegetable Soup Whole Wheat Crackers Deli Sandwich on Wheat Lettuce and Tomato Peach Pie Coffee Or Tea Milk	Cheese Enchilada Casserole Corn Pineapple Upside Down Cake Coffee Or Tea Milk	Beef Tips Au Jus Noodles Capri Blend Vegetables Wheat Roll Frosted Chocolate Cake Coffee Or Tea Milk	Crispy Ranch Chicken Au Gratin Potatoes Seasoned Beets Wheat Bread Butterscotch Square Coffee Or Tea Milk	Baked Four Cheese Pasta Tossed Salad Garlic Bread Apple Crisp Coffee Or Tea Milk

^{*} Menus are subject to change without any advance notice due to product availability



ASSISTED LIVING . MENOR	Y CARE					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Muffin Hard Boiled Egg Yogurt Fresh Cut Up Fruit Cereal (Hot or Cold)	Waffles Scrambled Eggs Fresh Fruit Cereal Yogurt	Breakfast Skillet Fresh Fruit Cereal Yogurt	Eggs Chicken Sausage Hash Browns Fresh Fruit Cereal Yogurt	French Toast Bacon Fresh Fruit Cereal Yogurt	Quiche Fresh Fruit Cereal Yogurt	Egg Omelet Hashbrowns Fresh Fruit Cereal (Hot or Cold)
Lunch						
Roast Beef Mashed Potato Gravy Carrots Wheat Bread Dreamland Bar Coffee Or Tea Milk	Swedish Meatballs Noodles Grean Beans Wheat Roll Frosted Angel Food Cake Coffee Or Tea Milk	Honey Mustard Chicken Cheese Broccoli Rice Cornbread Baked Peach Crisp Coffee Or Tea Milk	Baked Glazed Ham Baked Beans Brussel Sprouts Wheat Roll Ice Cream Bar Coffee Or Tea Milk	Turkey Roast Bread Dressing Gravy Green Beans Wheat Roll Strawberries with Whip Topping Coffee Or Tea Milk	Grilled Chicken Breast on Bun Tomato Cucumber Salad German Potato Salad Lemon Bar Coffee Or Tea Milk	Deluxe Glazed Meatloaf Mashed Potatoes Peas & Pearl Onions Wheat Roll Carrot Cake Coffee Or Tea Milk
Dinner						
Pizza Spinach Salad Cookies Coffee Or Tea Milk	Stuffed Shells Marinara Sauce Salad Garlic Bread Pie Coffee Or Tea Milk	Cream of Potato Soup Whole Wheat Crackers Fish Sandwich Tartar Sauce Calico Slaw Apple Pie Coffee Or Tea Milk	Stuffed Cabbage Roll Corn Mashed Potatoes Frosted Brownie Coffee Or Tea Milk	Tomato Soup Whole Wheat Crackers Grilled Cheese on Wheat Roasted Cauliflower Chilled Fruit Cup Coffee Or Tea Milk	Stuffed Baked Fish Buttered Corn Basil Zucchini Sauté Wheat Roll Jell-O Coffee Or Tea Milk	Chicken Salad Sandwich on Wheat 3 Bean Salad Lettuce & Tomato Resh Orange Slices Coffee Or Tea Milk

^{*} Menus are subject to change without any advance notice due to product availability



ASSISTED LIVING . MENORY		T		T		T
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Muffin Hard Boiled Egg Yogurt Fresh Cut Up Fruit Cereal (Hot or Cold)	Scrambled Eggs Hashbrown Chicken Sausage Patty Fresh Fruit Cereal Yogurt	French Toast Stick Fresh Fruit Cereal Yogurt	Pancakes Bacon Fresh Fruit Cereal Yogurt	Breakfast Casserole Bake Fresh Fruit Cereal Yogurt	Biscuit and Sausage Gravy Fresh Fruit Cereal Yogurt	Egg Omelet Hashbrowns Yogurt Fresh Fruit Cereal (Hot or Cold)
Lunch						
Fried Chicken Corn O'Brien Parslied Cauliflower Wheat Roll Frosted Cake Coffee Or Tea Milk	Dijon Crusted Fish Rice Herbed Green Beans Wheat Roll Iced Cake Coffee Or Tea Milk	Chicken Tacos Salad Poke Cake Coffee Or Tea Milk	Baked Beef Gravy Garlic Mashed Potatoes Squash Wheat Roll Brownie Coffee Or Tea Milk	Vegetable Stir Fry Fried Rice Egg Roll Bar Coffee Or Tea Milk	Grilled Hamburger Fries Cole Slaw Watermelon Coffee Or Tea Milk	Baked Pork Bread Dressing Green Beans Wheat Roll Banana Cream Pie Coffee Or Tea Milk
Dinner						
Crab Cakes Tartar Sauce Baked Potato Wedges Marinated Vegetable Salad Wheat Bread Cookie Coffee Or Tea Milk	Sloppy Joe on Bun French Fries Carrots Fresh Fruit Coffee Or Tea Milk	Pulled Pork Sandwich on Bun Baked Beans Jell-O Fluff Rice Krispie Treats Coffee Or Tea Milk	Lasagna Italian Vegetables Garlic Bread Cupcakes Coffee Or Tea Milk	Turkey Noodles Gravy Buttered Corn Wheat Bread Honey Bun Cake Coffee Or Tea Milk	Battered Fish Tartar Sauce Rosemary Red Potatoes Buttered Beets Wheat Roll Bread Pudding Coffee Or Tea Milk	Garden Vegetable Soup Whole Wheat Crackers Philly Beef on Bun Sauteed Onions & Peppers Cinnamon Rolls Coffee Or Tea Milk

^{*} Menus are subject to change without any advance notice due to product availability