








October 2023
MOSAIC Life Engagement Calendar

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  Memories  Opportunities  Social  Active  Intellectual  Creativity	<p>– Tai Chi</p> <p>– Daily Chronicles</p> <p>– Fun With Jean And Abby</p> <p>– Hymn Sing</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Puzzles & Ponderings</p> <p>– Board Games</p> <p>– Snack N' Chat</p> <p>– Bowling</p> <p>– DINNER</p> <p>– Symphony Sounds</p> <p style="text-align: right;">1</p>	<p>– Move & Groove</p> <p>– Fun With Jean And Abby</p> <p>– APPLE TOSS</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Craft's Corner: pumpkin carving</p> <p>– <i>Montage Stories:</i></p> <p>– Snack N' Chat</p> <p>– Balloon Volleyball</p> <p>– Klck Ball</p> <p>– DINNER</p> <p>– Meditative Music</p> <p style="text-align: right;">2</p>	<p>– Chair Dancing</p> <p>– Daily Chronicles</p> <p>– Trivia Time</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Manicures & Massages</p> <p>– <i>Tesseræ Class</i></p> <p>– Snack N' Chat</p> <p>– Parachute Games</p> <p>– DINNER</p> <p>– Sing-Along</p> <p style="text-align: right;">3</p>	<p>– Seated Exercises</p> <p>– Fun With Jean And Abby</p> <p>– Daily Chronicles</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– BINGO Match</p> <p>– <i>Blue Hat Society</i></p> <p>– Snack N' Chat</p> <p>– Bean Bag Toss</p> <p>– DINNER</p> <p>– Cards & Games</p> <p style="text-align: right;">4</p>	<p>– Chair Yoga</p> <p>– Daily Chronicles</p> <p>– Bootle Top Pumkin Vines</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Baking Club Halloween Style:</p> <p>– <i>Brushstrokes: POEM WRITING</i></p> <p>– Snack N' Chat</p> <p>– Basketball</p> <p>– Purposeful Destination Walks</p> <p style="text-align: right;">5</p>	<p>– Fuzion Fitness</p> <p>– Daily Chronicles</p> <p>– Junk Drawer Detective</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– <i>Page Turners Book Club</i></p> <p>– FALL THEMED HAPPY HOUR</p> <p>– Snack N' Chat</p> <p>– Ring Toss</p> <p>– DINNER</p> <p>– Classical Tunes Listening Hour</p> <p style="text-align: right;">6</p>	<p>– Sit & Be Fit</p> <p>– Daily Chronicles</p> <p>– Word Games</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Pool Noodle Ball</p> <p>– Adult Coloring Pages</p> <p>– Snack N' Chat</p> <p>– Kickball</p> <p>– DINNER</p> <p>– Movie Night: CASPER THE GHOST</p> <p style="text-align: right;">7</p>
	<p>– Fun With Jean And Abby</p> <p>– Tai Chi</p> <p>– Daily Chronicles</p> <p>– Hymn Sing</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Puzzles & Ponderings</p> <p>– Board Games</p> <p>– Snack N' Chat</p> <p>– Bowling</p> <p>– DINNER</p> <p>– Symphony Sounds</p> <p style="text-align: right;">8</p>	<p>– Move & Groove</p> <p>– Fun With Jean And Abby</p> <p>– APPLE TOSS</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Craft's Corner: SPIDERWEBS</p> <p>– <i>Montage Stories:</i></p> <p>– Snack N' Chat</p> <p>– Balloon Volleyball</p> <p>– Klck Ball</p> <p>– DINNER</p> <p>– Meditative Music</p> <p style="text-align: right;">9</p>	<p>– Chair Dancing</p> <p>– Daily Chronicles</p> <p>– Trivia Time</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Manicures & Massages</p> <p>– <i>Tesseræ Class</i></p> <p>– Snack N' Chat</p> <p>– Parachute Games</p> <p>– DINNER</p> <p>– Sing-Along</p> <p style="text-align: right;">10</p>	<p>– Seated Exercises</p> <p>– Fun With Jean And Abby</p> <p>– Daily Chronicles</p> <p>– HALLOWEEN FACTS</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– BINGO</p> <p>– <i>Blue Hat Society</i></p> <p>– Snack N' Chat</p> <p>– Bean Bag Toss</p> <p>– DINNER</p> <p>– Cards & Games</p> <p style="text-align: right;">11</p>	<p>– Pool Noodles To Music</p> <p>– Daily Chronicles</p> <p>– Reminiscing with the Sense</p> <p>– outside walk look at smell and touch nature</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Baking Club Halloween Edition:</p> <p>– <i>Brushstrokes: POEM WRITING</i></p> <p>– Snack N' Chat</p> <p>– Pumkin Basketball</p> <p>– DINNER</p> <p>– Purposeful Destination Walks</p> <p style="text-align: right;">12</p>	<p>– Fuzion Fitness</p> <p>– Daily Chronicles</p> <p>– Whose Got it Card Game</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– <i>Page Turners Book Club</i></p> <p>– HALLOWEEN THEMED HAPPY HOUR</p> <p>– Snack N' Chat</p> <p>– Ring Toss</p> <p>– DINNER</p> <p>– Classical Tunes Listening Hour</p> <p style="text-align: right;">13</p>	<p>– Sit & Be Fit</p> <p>– Daily Chronicles</p> <p>– Word Games</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Pool Noodle Ball</p> <p>– Adult Coloring Pages</p> <p>– Snack N' Chat</p> <p>– Kickball</p> <p>– DINNER</p> <p>– Movie Night: ROCKY HORROR PICTURE SHOW</p> <p style="text-align: right;">14</p>
	<p>– Tai Chi</p> <p>– Hymn Sing</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Puzzles & Ponderings</p> <p>– Board Games</p> <p>– Snack N' Chat</p> <p>– Bowling</p> <p>– DINNER</p> <p>– Symphony Sounds</p> <p style="text-align: right;">15</p>	<p>– Move & Groove</p> <p>– Fun With Jean And Abby</p> <p>– Daily Chronicles</p> <p>– GHOST FLING</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Craft's Corner: MUMMY MAKING</p> <p>– <i>Montage Stories:</i></p> <p>– Snack N' Chat</p> <p>– Balloon Volleyball</p> <p>– Klck Ball</p> <p>– DINNER</p> <p>– Meditative Music</p> <p style="text-align: right;">16</p>	<p>– Chair Dancing</p> <p>– Daily Chronicles</p> <p>– Trivia Time</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Manicures & Massages</p> <p>– <i>Tesseræ Class</i></p> <p>– Snack N' Chat</p> <p>– Parachute Games</p> <p>– DINNER</p> <p>– Sing-Along</p> <p style="text-align: right;">17</p>	<p>– Seated Exercises</p> <p>– Fun With Jean And Abby</p> <p>– Daily Chronicles</p> <p>– HALLOWEEN CHECKERS</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– BINGO</p> <p>– <i>Blue Hat Society</i></p> <p>– Snack N' Chat</p> <p>– Bean Bag Toss</p> <p>– DINNER</p> <p>– Cards & Games</p> <p style="text-align: right;">18</p>	<p>– Chair Yoga</p> <p>– Daily Chronicles</p> <p>– FINDING ALL PARTS OF SQUASH</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Baking Club WITCHS BROOMS:</p> <p>– <i>Brushstrokes: POEM WRITING</i></p> <p>– Snack N' Chat</p> <p>– Basketball</p> <p>– DINNER</p> <p>– Purposeful Destination Walks</p> <p style="text-align: right;">19</p>	<p>– Fuzion Fitness</p> <p>– Daily Chronicles</p> <p>– Can You Picture This</p> <p>– LUNCH</p> <p>– <i>Page Turners Book Club</i></p> <p>– HALLOWEEN THEMED HAPPY HOUR</p> <p>– Snack N' Chat</p> <p>– Ring Toss</p> <p>– DINNER</p> <p>– Classical Tunes Listening Hour</p> <p style="text-align: right;">20</p>	<p>– Sit & Be Fit</p> <p>– Daily Chronicles</p> <p>– Word Games</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Pool Noodle Ball</p> <p>– Adult Coloring Pages</p> <p>– Snack N' Chat</p> <p>– Kickball</p> <p>– DINNER</p> <p>– Movie Night: THE GHOST AND MR CHICKEN</p> <p style="text-align: right;">21</p>
	<p>– Tai Chi</p> <p>– Daily Chronicles</p> <p>– Hymn Sing</p> <p>– LUNCH</p> <p>– Puzzles & Ponderings</p> <p>– Board Games</p> <p>– Snack N' Chat</p> <p>– Bowling</p> <p>– DINNER</p> <p>– Symphony Sounds</p> <p style="text-align: right;">22</p>	<p>– Move & Groove</p> <p>– Fun With Jean And Abby</p> <p>– Daily Chronicles</p> <p>– Hot Potaoe</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Craft's Corner: MASK MAKING</p> <p>– <i>Montage Stories:</i></p> <p>– Snack N' Chat</p> <p>– Balloon Volleyball</p> <p>– Klck Ball</p> <p>– DINNER</p> <p>– Meditative Music</p> <p style="text-align: right;">23</p>	<p>– Chair Dancing</p> <p>– Daily Chronicles</p> <p>– Trivia Time</p> <p>– LUNCH</p> <p>– Manicures & Massages</p> <p>– <i>Tesseræ Class</i></p> <p>– Snack N' Chat</p> <p>– Parachute Games</p> <p>– DINNER</p> <p>– Sing-Along</p> <p style="text-align: right;">24</p>	<p>– Seated Exercises</p> <p>– Fun With Jean And Abby</p> <p>– Daily Chronicles</p> <p>– Badminton</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– BINGO</p> <p>– <i>Blue Hat Society</i></p> <p>– Snack N' Chat</p> <p>– Bean Bag Toss</p> <p>– DINNER</p> <p>– Cards & Games</p> <p style="text-align: right;">25</p>	<p>– Chair Yoga</p> <p>– Chair Yoga</p> <p>– Daily Chronicles</p> <p>– Music Fun</p> <p>– LUNCH</p> <p>– Baking Club SPOOKY Edition:</p> <p>– <i>Brushstrokes: POEM WRITING</i></p> <p>– Snack N' Chat</p> <p>– Basketball</p> <p>– DINNER</p> <p>– Purposeful Destination Walks</p> <p style="text-align: right;">26</p>	<p>– Fuzion Fitness</p> <p>– Daily Chronicles</p> <p>– Whose Got it Card Game</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– <i>Page Turners Book Club</i></p> <p>– FALL THEMED HAPPY HOUR</p> <p>– Snack N' Chat</p> <p>– Ring Toss</p> <p>– DINNER</p> <p>– Classical Tunes Listening Hour</p> <p style="text-align: right;">27</p>	<p>– Sit & Be Fit</p> <p>– Daily Chronicles</p> <p>– Word Games</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Pool Noodle Ball</p> <p>– Adult Coloring Pages</p> <p>– Snack N' Chat</p> <p>– Kickball</p> <p>– DINNER</p> <p>– Movie Night: THE GREAT PUMPKIN CHARLIE BROWN</p> <p style="text-align: right;">28</p>
	<p>– Fun With Jean And Abby</p> <p>– Tai Chi</p> <p>– Daily Chronicles</p> <p>– Hymn Sing</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Puzzles & Ponderings</p> <p>– Board Games</p> <p>– Snack N' Chat</p> <p>– Bowling</p> <p>– DINNER</p> <p>– Symphony Sounds</p> <p style="text-align: right;">29</p>	<p>– Move & Groove</p> <p>– Fun With Jean And Abby</p> <p>– ORANGE RIBBEN DANCING</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Craft's Corner: FREE ART MAKE IT SPOOKY</p> <p>– <i>Montage Stories:</i></p> <p>– Snack N' Chat</p> <p>– Klck Ball</p> <p>– DINNER</p> <p>– Meditative Music</p> <p style="text-align: right;">30</p>	<p>Halloween</p> <p>– Chair Dancing</p> <p>– Daily Chronicles</p> <p>– Trivia Time</p> <p>9:30 Daily Chronicles</p> <p>– LUNCH</p> <p>– Manicures & Massages</p> <p>– <i>Tesseræ Class</i></p> <p>– Snack N' Chat</p> <p>– Parachute Games</p> <p>– DINNER</p> <p>– Sing-Along</p> <p style="text-align: right;">31</p>	<p>NOVEMBER FRIENDS & FAMILY NEWSLETTER</p> <p>Gather 'Round the Table</p> 