

# November 2023

## MOSAIC Life Engagement Calendar

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday



- Memories
- Opportunities
- Social
- Active
- Intellectual
- Creativity



|  |  |   |  |   |   |   |
|--|--|---|--|---|---|---|
|  | <p style="text-align: center;"><b>NOVEMBER FRIENDS &amp; FAMILY NEWSLETTER</b><br/>Gather 'Round the Table</p>   |   |  |   |   |   |
| <p><b>Daylight Saving Time Begins</b></p> <ul style="list-style-type: none"> <li>Virtual Catholic Mass</li> <li>Daily Chronicles</li> <li>Virtual Church Service</li> <li>Snack 'N Chat</li> <li>Hymn Sing</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>Manicures &amp; Massages</li> <li>Puzzles &amp; Ponderings</li> <li>Snack 'N Chat</li> <li>Puzzle Time</li> <li>Adult Art</li> <li>DINNER</li> <li>Western Movie Night: Bret Maverick tub tv</li> </ul> | <p><b>Walking Group</b></p> <ul style="list-style-type: none"> <li>Daily Chronicles</li> <li>Snack 'N Chat</li> <li>Junk Drawer Detective</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>Yahtzee</li> <li>Snack 'N Chat</li> <li>I Have Never Game</li> <li>Adult Art: Button Heart</li> <li>I Love Lucy</li> <li>DINNER</li> <li>Meditative Music</li> </ul>                                     | <p><b>Election Day</b></p> <ul style="list-style-type: none"> <li>Big Ball Drumming</li> <li>Daily Chronicles</li> <li>Men's Group: 12 Largest &amp; Insane Military Vehicles In The World</li> <li>Snack 'N Chat</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>Crafting Corner: Lovely Legume Balls</li> <li>Snack 'N Chat</li> <li>Puzzle Time</li> <li>Lawrence Welk Show</li> <li>DINNER</li> </ul> | <ul style="list-style-type: none"> <li>Chair Yoga</li> <li>Busy Boxes/Tactile Working</li> <li>Daily Chronicles</li> <li>Snack 'N Chat</li> <li>Pass the Pickle</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>BINGO</li> <li>Snack 'N Chat</li> <li>Water Painting</li> <li>Carol Burnett Show</li> <li>DINNER</li> <li>Western Wednesday: The Old West (tubi tv)</li> </ul>           | <ul style="list-style-type: none"> <li>Stand in the Light Choir Practice</li> <li>Polka-size</li> <li>Daily Chronicles</li> <li>Snack 'N Chat</li> <li>Quirkle</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>Baking Club: Pumpkin Pie Pudding</li> <li>Snack 'N Chat</li> <li>Chair Traveling: Costa Rica</li> <li>Dick Van Dike Show</li> <li>DINNER</li> <li>Purposeful Destination Walks</li> </ul>  | <p><b>Stretching with Bands</b></p> <ul style="list-style-type: none"> <li>Daily Chronicles</li> <li>Snack 'N Chat</li> <li>Yahtzee</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>Corn Hole</li> <li>Snack 'N Chat</li> <li>Sip and Paint: Abstract Painting</li> <li>Water Painting</li> <li>The Red Skeleton Show TubiTV</li> <li>DINNER</li> <li>Classical Music</li> </ul>                | <p><b>Turkey Trotting Exercise (Chicken Dance)</b></p> <ul style="list-style-type: none"> <li>Daily Chronicles</li> <li>Manicures &amp; Massages</li> <li>Snack 'N Chat</li> <li>LUNCH</li> <li>Puzzle Time</li> <li>MOSAIC Moments</li> <li>Puzzles and Ponderings</li> <li>Snack 'N Chat</li> <li>Puzzle Time</li> <li>He Haw on Youtube.com</li> <li>DINNER</li> </ul> |
| <ul style="list-style-type: none"> <li>Virtual Catholic Mass</li> <li>Daily Chronicles</li> <li>Virtual Church Service</li> <li>Snack 'N Chat</li> <li>Hymn Sing</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>Manicures &amp; Massages</li> <li>Puzzles &amp; Ponderings</li> <li>Snack 'N Chat</li> <li>Puzzle Time</li> <li>Adult Art</li> <li>DINNER</li> <li>Western Movie Night: Bret Maverick tub tv</li> </ul>   | <p><b>Walking Group</b></p> <ul style="list-style-type: none"> <li>Daily Chronicles</li> <li>Snack 'N Chat</li> <li>Pass the Pickle</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>One and Done Dice Game</li> <li>Snack 'N Chat</li> <li>Uno Attack</li> <li>Adult Art: Suit Cases</li> <li>I Love Lucy</li> <li>Texas Roadhouse (Veterans)</li> <li>DINNER</li> <li>Meditative Music</li> </ul> | <p><b>Big Ball Drumming</b></p> <ul style="list-style-type: none"> <li>Daily Chronicles</li> <li>Women's Group: Reminiscing the Thanksgiving Table</li> <li>Snack 'N Chat</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>Crafting Corner: Painted Plaid Paper</li> <li>Painted Leaves</li> <li>Snack 'N Chat</li> <li>Puzzle Time</li> <li>Lawrence Welk Show</li> <li>DINNER</li> </ul>                 | <ul style="list-style-type: none"> <li>Chair Yoga</li> <li>Busy Boxes/Tactile Working</li> <li>Daily Chronicles</li> <li>Snack 'N Chat</li> <li>Pass the Pickle</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>BINGO</li> <li>Snack 'N Chat</li> <li>Water Painting</li> <li>Carol Burnett Show</li> <li>DINNER</li> <li>Western Wednesday: TV's Greatest Westerns (tubi tv)</li> </ul> | <ul style="list-style-type: none"> <li>Stand in the Light Choir Dress Rehearsal</li> <li>Polka-size</li> <li>Daily Chronicles</li> <li>Snack 'N Chat</li> <li>Cranium Crunches: Memory Game</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>Baking Club: Pumpkin Pie Bread</li> <li>Snack 'N Chat</li> <li>Remembering Chores &amp; Allowance</li> <li>Dick Van Dike Show</li> <li>DINNER</li> <li>Purposeful Destination Walks</li> </ul>                                  | <ul style="list-style-type: none"> <li>Daily Chronicles</li> <li>Snack 'N Chat</li> <li>Yahtzee</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>Air Hockey</li> <li>Snack 'N Chat</li> <li>Sip and Paint: Abstract Painting</li> <li>Water Painting</li> <li>The Red Skeleton Show TubiTV</li> <li>DINNER</li> <li>Walk to End Alzheimer's Gala Celebration</li> <li>Classical Music</li> </ul> | <p><b>Tim's Birthday</b></p> <ul style="list-style-type: none"> <li>Daily Chronicles</li> <li>Manicures &amp; Massages</li> <li>Snack 'N Chat</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>Puzzles and Ponderings</li> <li>Snack 'N Chat</li> <li>Puzzle Time</li> <li>He Haw on Youtube.com</li> <li>DINNER</li> </ul>  |
| <ul style="list-style-type: none"> <li>Virtual Catholic Mass</li> <li>Daily Chronicles</li> <li>Virtual Church Service</li> <li>Snack 'N Chat</li> <li>Hymn Sing</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>Manicures &amp; Massages</li> <li>Puzzles &amp; Ponderings</li> <li>Snack 'N Chat</li> <li>Puzzle Time</li> <li>Adult Art</li> <li>DINNER</li> <li>Western Movie Night: Bret Maverick tub tv</li> </ul>   | <ul style="list-style-type: none"> <li>Daily Chronicles</li> <li>Snack 'N Chat</li> <li>Cranium Crunches: Junk Drawer Detectives</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>Dominoes</li> <li>Snack 'N Chat</li> <li>Finish the Feathers Dice Game</li> <li>Adult Art: Hot Cocoa</li> <li>I Love Lucy</li> <li>DINNER</li> <li>Meditative Music</li> </ul>                                    | <p><b>Big Ball Drumming</b></p> <ul style="list-style-type: none"> <li>Daily Chronicles</li> <li>Men's Group: Remembering Hunting</li> <li>Snack 'N Chat</li> <li>LUNCH</li> <li>MOSAIC Moments</li> <li>Crafting Corner: Fall Door Craft (Amazon)</li> <li>Snack 'N Chat</li> <li>Puzzle Time</li> <li>Lawrence Welk Show</li> <li>DINNER</li> </ul>   | <ul style="list-style-type: none"> <li>Chair Yoga</li> <li>Busy Boxes/Tactile Working</li> <li>Daily Chronicles</li> <li>Snack 'N Chat</li> <li>Pass the Pickle</li> <li>LUNCH</li> <li>BINGO</li> <li>Snack 'N Chat</li> <li>Water Painting</li> <li>Carol Burnett Show</li> <li>DINNER</li> <li>Pat Boone &amp; Family Thanksgiving Special (tubi TV)</li> </ul>                       | <p><b>Thanksgiving</b></p> <ul style="list-style-type: none"> <li>Armchair Turkey Trotting</li> <li>Daily Chronicles</li> <li>Songs &amp; Prayers for Thanksgiving</li> <li>Snack 'N Chat</li> <li>When you Wish upon a Bone</li> <li>LUNCH</li> <li>Outlaw Turkey Hunt</li> <li>Snack 'N Chat</li> <li>Thankful for Thanksgiving Humor</li> <li>Thanksgiving Cranium Crunches</li> <li>Dick Van Dike Show</li> <li>DINNER</li> <li>Purposeful Destination Walks</li> </ul> | <ul style="list-style-type: none"> <li>Daily Chronicles</li> <li>Snack 'N Chat</li> <li>Christmas Decorations Start</li> <li>LUNCH</li> <li>Bowling</li> <li>Snack 'N Chat</li> <li>Sip and Paint: Abstract Painting</li> <li>Water Painting</li> <li>The Red Skeleton Show TubiTV</li> <li>DINNER</li> <li>Classical Music</li> </ul>  | <p><b>Judy F's Birthday</b></p> <ul style="list-style-type: none"> <li>Daily Chronicles</li> <li>Manicures &amp; Massages</li> <li>Snack 'N Chat</li> <li>LUNCH</li> <li>Puzzles and Ponderings</li> <li>Snack 'N Chat</li> <li>Puzzle Time</li> <li>He Haw on Youtube.com</li> <li>DINNER</li> </ul>   |
| <ul style="list-style-type: none"> <li>Virtual Catholic Mass</li> <li>Daily Chronicles</li> <li>Virtual Church Service</li> <li>Snack 'N Chat</li> <li>Hymn Sing</li> <li>LUNCH</li> <li>Manicures &amp; Massages</li> <li>Puzzles &amp; Ponderings</li> <li>Snack 'N Chat</li> <li>Puzzle Time</li> <li>Adult Art</li> <li>DINNER</li> <li>Western Movie Night: Bret Maverick tub tv</li> </ul>   | <p><b>Nancy's Birthday</b></p> <ul style="list-style-type: none"> <li>Daily Chronicles</li> <li>Snack 'N Chat</li> <li>Family Feud Game</li> <li>LUNCH</li> <li>Christmas Tree Decorating</li> <li>Snack 'N Chat</li> <li>Adult Art: Winter Themes</li> <li>I Love Lucy</li> <li>DINNER</li> <li>Meditative Music</li> </ul>   | <p><b>Big Ball Drumming</b></p> <ul style="list-style-type: none"> <li>Daily Chronicles</li> <li>Women's Group: Remembering Gingerbread</li> <li>Snack 'N Chat</li> <li>LUNCH</li> <li>Christmas Tree Decorating</li> <li>Snack 'N Chat</li> <li>Puzzle Time</li> <li>Lawrence Welk Show</li> <li>DINNER</li> </ul>   | <ul style="list-style-type: none"> <li>Chair Yoga</li> <li>Busy Boxes/Tactile Working</li> <li>Daily Chronicles</li> <li>Snack 'N Chat</li> <li>Pass the Pickle</li> <li>LUNCH</li> <li>BINGO</li> <li>Snack 'N Chat</li> <li>Water Painting</li> <li>Carol Burnett Show</li> <li>DINNER</li> <li>Western Wednesday: Westerns Cut to the Chase (tubi tv)</li> </ul>                      | <ul style="list-style-type: none"> <li>Polka-size</li> <li>Daily Chronicles</li> <li>Snack 'N Chat</li> <li>LUNCH</li> <li>Baking Club: Autumn Cornbread</li> <li>November Birthday Party</li> <li>Snack 'N Chat</li> <li>Dick Van Dike Show</li> <li>DINNER</li> <li>Purposeful Destination Walks</li> </ul>   |   | <p style="text-align: center;">Happy Thanksgiving</p>   |