


November 2023

MOSAIC Life Engagement Calendar

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  Memories  Opportunities  Social  Active  Intellectual  Creativity				<ul style="list-style-type: none"> Seated Exercises Daily Chronicles Hydration/Snacks 11:00 Junk Drawer Detective [S] LUNCH Book Club Wednesday Manicures & Massages Bean Bag Toss DINNER Cards & Games 	<ul style="list-style-type: none"> 10:00 Open Season Daily Chronicles Hydration/Snacks LUNCH Brushstrokes BINGO Bowling DINNER Purposeful Destination Walks 	<ul style="list-style-type: none"> Chair Yoga Daily Chronicles Hydration/Snacks 11:00 Crafter's Corner: A Heartfelt Harvest [S] LUNCH Montage Stories Movie and Snacks! Happy Hour Puzzling Time DINNER 	<ul style="list-style-type: none"> Sit & Be Fit Daily Chronicles Hydration/Snacks Word Games LUNCH Bowling Saturday Matinee Adult Coloring Club DINNER Symphony Sounds
	<ul style="list-style-type: none"> Daylight Saving Time Begins Tai Chi Daily Chronicles Hydration/Snacks Hymn Sing LUNCH Noodle Ball Card Club Puzzling DINNER Lawrence Welk 	<ul style="list-style-type: none"> Move & Groove Daily Chronicles Hydration/Snacks Music Monday LUNCH 1:30 Memory Monday: Remembering The Thanksgiving Table Balloon Volleyball DINNER Meditative Music 	<ul style="list-style-type: none"> Election Day Sweat to the Oldies Daily Chronicles Hydration/Snacks Trivia Time Tuesday LUNCH 2:00 Baking Club: Pumpkin Spice & Everything Nice Destination Walking Club Card Games DINNER Sing-Along 	<ul style="list-style-type: none"> Seated Exercises Daily Chronicles Hydration/Snacks 11:00 Junk Drawer Detective [S] LUNCH Book Club Wednesday Manicures & Massages Bean Bag Toss DINNER Cards & Games 	<ul style="list-style-type: none"> 10:00 Open Season Daily Chronicles Hydration/Snacks LUNCH Brushstrokes BINGO Bowling DINNER Purposeful Destination Walks 	<ul style="list-style-type: none"> Chair Yoga Daily Chronicles Hydration/Snacks 11:00 Crafter's Corner: A Heartfelt Harvest [S] Who's Got It Card Game LUNCH Montage Stories Movie and Snacks! Happy Hour Puzzling Time DINNER 	<ul style="list-style-type: none"> Veterans Day Sit & Be Fit Daily Chronicles Hydration/Snacks Word Games LUNCH Bowling Saturday Matinee Adult Coloring Club DINNER Symphony Sounds
	<ul style="list-style-type: none"> Tai Chi Daily Chronicles Hydration/Snacks Hymn Sing LUNCH Noodle Ball Card Club Puzzling DINNER Lawrence Welk 	<ul style="list-style-type: none"> Move & Groove Daily Chronicles Hydration/Snacks Music Monday LUNCH 1:30 Memory Monday: Remembering The Thanksgiving Table Balloon Volleyball DINNER Meditative Music 	<ul style="list-style-type: none"> Sweat to the Oldies Daily Chronicles Hydration/Snacks Trivia Time Tuesday LUNCH 2:00 Baking Club: Pumpkin Spice & Everything Nice Destination Walking Club Card Games DINNER Sing-Along 	<ul style="list-style-type: none"> Seated Exercises Daily Chronicles Hydration/Snacks 11:00 Junk Drawer Detective [S] LUNCH Book Club Wednesday Manicures & Massages Bean Bag Toss DINNER Cards & Games 	<ul style="list-style-type: none"> 10:00 Open Season Daily Chronicles Hydration/Snacks LUNCH Brushstrokes BINGO Bowling DINNER Purposeful Destination Walks 	<ul style="list-style-type: none"> Chair Yoga Daily Chronicles Hydration/Snacks 11:00 Crafter's Corner: A Heartfelt Harvest [S] Who's Got It Card Game LUNCH Montage Stories Movie and Snacks! Happy Hour Puzzling Time DINNER 	<ul style="list-style-type: none"> Sit & Be Fit Daily Chronicles Hydration/Snacks Word Games LUNCH Bowling Saturday Matinee Adult Coloring Club DINNER Symphony Sounds
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