



- Memories
- Opportunities
- Social
- Active
- Intellectual
- Creativity



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A GROOVY JANUARY						
			New Year's Day 1 <ul style="list-style-type: none"> - Weight Training Wednesday [CR] - Snack - N - Chat - Daily Chronicles LUNCH - Jay Isaacson Music [Cafe] - Trivia [CR] - DINNER - Family-Friendly Movie 	2 <ul style="list-style-type: none"> - Sit and Be fit [CR] - Snack - N - Chat - Daily Chronicles LUNCH - Movie Matinee: Winter Classics [Living Room] - SPA DAY: Nail Care DINNER - Game Shows 	3 <ul style="list-style-type: none"> - Exercise, Twist and Shout [CR] - Snack - N - Chat 11:00 Songs and Prayers with Rabbi C. [S Private Dining Room] 11:20 Daily News & Hot topics LUNCH - Daily Chronicles - A Groovy Gathering Happy Hour [CR] - Ness and her Tunes [Cafe] DINNER - Nature Sounds 	4 <ul style="list-style-type: none"> - Silver Sneakers [CR] - Snack - N - Chat - Daily Chronicles and Current Events Discussion [CR] - LUNCH - Kristin's Music [Cafe] - Jeopardy [CR] - DINNER - Game Shows
Happy Birthday Janice!!! 5 <ul style="list-style-type: none"> - Church [CR] - Something Sweet Social [CR] - LUNCH - Packer Party! [CR] - Daily Chronicles and Current Events - Brain Games - DINNER - Symphony Sounds 	6 10:00 OUTING: Talk-a-latte <ul style="list-style-type: none"> - Zumba [CR] - Snack - N - Chat - Positively Milwaukee LUNCH - Name that 60's Tune [CR] - Daily Chronicles - The Price Was Right: 1960s - DINNER - M.E. TV Ch. 41 	7 <ul style="list-style-type: none"> - Chair Yoga with Jana! [CR] - Snack - N - Chat - Daily Chronicles LUNCH - Bible Study with Sue [Cafe] 2:00 Prayers with Rabbi Samuels [S Private Dining Room] - Baker's Club: Recipes from the 60's [Cafe] - DINNER - Daily News 	8 <ul style="list-style-type: none"> - Weight Training Wednesday [CR] - Snack - N - Chat - Daily Chronicles LUNCH - Crafter's Corner- Flower Power Edition [CR] - Groovy Bingo [CR] - DINNER - Family-Friendly Movie 	9 <ul style="list-style-type: none"> - Sit and Be fit [CR] - Snack - N - Chat - Daily Chronicles LUNCH - Movie Matinee: Winter Classics [Living Room] - SPA DAY: Nail Care DINNER - Game Shows 	10 <ul style="list-style-type: none"> - Exercise, Twist and Shout [CR] - Snack - N - Chat 11:00 Songs and Prayers with Rabbi C. [S Private Dining Room] 11:20 Daily News & Hot topics LUNCH - Daily Chronicles - A Groovy Gathering Happy Hour [CR] - Ness and her Tunes [Cafe] DINNER - Nature Sounds 	Happy Birthday Bea!!! 11 <ul style="list-style-type: none"> - Silver Sneakers [CR] - Snack - N - Chat - Daily Chronicles and Current Events Discussion [CR] - LUNCH - Jeopardy [CR] - Music and Musicals! [CR] - DINNER - Game Shows
<ul style="list-style-type: none"> - Church [CR] - Something Sweet Social [CR] - LUNCH - Chair Exercise [CR] - Daily Chronicles and Current Events - Brain Games - DINNER - Symphony Sounds 12	13 10:00 OUTING: Talk-a-latte <ul style="list-style-type: none"> - Zumba [CR] - Snack - N - Chat - Positively Milwaukee LUNCH - Name that 60's Tune [CR] - Daily Chronicles - Trivia! - DINNER - M.E. TV Ch. 41 	14 10:30 Chair Yoga with Jana [CR] <ul style="list-style-type: none"> - Snack - N - Chat - Daily Chronicles LUNCH - Bible Study with Sue [Cafe] 2:00 Prayers with Rabbi Samuels [S Private Dining Room] - Baker's Club: Recipes from the 60's [Cafe] - DINNER - Daily News 	15 <ul style="list-style-type: none"> - Weight Training Wednesday [CR] - Snack - N - Chat - Daily Chronicles LUNCH - Crafter's Corner- Flower Power Edition [CR] - Groovy Bingo [CR] - DINNER - Family-Friendly Movie 	Happy Birthday Gloria!!! 16 <ul style="list-style-type: none"> - Sit and Be fit [CR] - Snack - N - Chat - Daily Chronicles LUNCH - Movie Matinee: Winter Classics [Living Room] - SPA DAY: Nail Care DINNER - Game Shows 	17 <ul style="list-style-type: none"> - Exercise, Twist and Shout [CR] - Snack - N - Chat 11:00 Songs and Prayers with Rabbi C. [S Private Dining Room] 11:20 Daily News & Hot topics LUNCH - Daily Chronicles - A Groovy Gathering Happy Hour [CR] - Ness and her Tunes [Cafe] DINNER - Nature Sounds 	<ul style="list-style-type: none"> - Silver Sneakers [CR] - Snack - N - Chat - Daily Chronicles and Current Events Discussion [CR] - LUNCH - Jeopardy [CR] - Music and Musicals! [CR] - DINNER - Game Shows 18
<ul style="list-style-type: none"> - Church [CR] - Something Sweet Social [CR] - LUNCH - Chair Exercise [CR] - Daily Chronicles and Current Events - Brain Games - DINNER - Symphony Sounds 19	Martin Luther King, Jr. Day 20 10:00 OUTING: Talk-a-latte <ul style="list-style-type: none"> - Zumba [CR] - Snack - N - Chat - Positively Milwaukee LUNCH - Name that 60's Tune [CR] - Daily Chronicles - Trivia! - DINNER - M.E. TV Ch. 41 	21 <ul style="list-style-type: none"> - Chair Yoga with Jana! [CR] - Snack - N - Chat - Daily Chronicles LUNCH - Bible Study with Sue [Cafe] 2:00 Prayers with Rabbi Samuels [S Private Dining Room] - Baker's Club: Recipes from the 60's [Cafe] - DINNER - Daily News 	22 <ul style="list-style-type: none"> - Weight Training Wednesday [CR] - Snack - N - Chat - Daily Chronicles LUNCH - Crafter's Corner- Flower Power Edition [CR] - Groovy Bingo [CR] - DINNER - Family-Friendly Movie 	Happy Birthday Anne!!! 23 <ul style="list-style-type: none"> - Sit and Be fit [CR] - Snack - N - Chat - Daily Chronicles LUNCH - Movie Matinee: Winter Classics [Living Room] - SPA DAY: Nail Care DINNER - Game Shows 	24 <ul style="list-style-type: none"> - Exercise, Twist and Shout [CR] - Snack - N - Chat 11:00 Songs and Prayers with Rabbi C. [S Private Dining Room] 11:20 Daily News & Hot topics LUNCH - Daily Chronicles - A Groovy Gathering Happy Hour [CR] - Ness and her Tunes [Cafe] DINNER - Nature Sounds 	<ul style="list-style-type: none"> - Silver Sneakers [CR] - Snack - N - Chat - Daily Chronicles and Current Events Discussion [CR] - LUNCH - Jeopardy [CR] - The 60's Price was right! [CR] - DINNER - Game Shows 25
<ul style="list-style-type: none"> - Church [CR] - Something Sweet Social [CR] - LUNCH - Chair Exercise [CR] - Daily Chronicles and Current Events - Brain Games - DINNER - Symphony Sounds 26	27 10:00 OUTING: Talk-a-latte <ul style="list-style-type: none"> - Zumba [CR] - Snack - N - Chat - Positively Milwaukee LUNCH - Name that 60's Tune [CR] - Jr League singers - Trivia! - DINNER - M.E. TV Ch. 41 	Happy Birthday Judy & Pauly!!! 28 10:30 Chair Yoga with Jana [CR] <ul style="list-style-type: none"> - Snack - N - Chat - Daily Chronicles LUNCH - Bible Study with Sue [Cafe] 2:00 Prayers with Rabbi Samuels [S Private Dining Room] - Baker's Club: Recipes from the 60's [Cafe] - DINNER - Daily News 	29 <ul style="list-style-type: none"> - Weight Training Wednesday [CR] - Snack - N - Chat - Daily Chronicles LUNCH - Crafter's Corner- Flower Power Edition [CR] - Groovy Bingo [CR] - DINNER - Family-Friendly Movie 	30 <ul style="list-style-type: none"> - Sit and Be fit [CR] - Snack - N - Chat - Daily Chronicles LUNCH - Movie Matinee: Winter Classics [Living Room] - SPA DAY: Nail Care DINNER - Game Shows 	31 <ul style="list-style-type: none"> - Exercise, Twist and Shout [CR] - Snack - N - Chat 11:00 Songs and Prayers with Rabbi C. [S Private Dining Room] 11:20 Daily News & Hot topics LUNCH - Daily Chronicles - Swinging Sixties Party!! [CR] - Ness and her Tunes [Cafe] DINNER - Nature Sounds 	