

Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
Oct-01, Oct-29, Nov-26, Dec-24, Jan-21, Feb-18, Mar-18	Oct-02, Oct-30, Nov-27, Dec-25, Jan-22, Feb-19, Mar-19	Oct-03, Oct-31, Nov-28, Dec-26, Jan-23, Feb-20, Mar-20	Oct-04, Nov-01, Nov-29, Dec-27, Jan-24, Feb-21, Mar-21	Oct-05, Nov-02, Nov-30, Dec-28, Jan-25, Feb-22, Mar-22	Oct-06, Nov-03, Dec-01, Dec-29, Jan-26, Feb-23, Mar-23	Oct-07, Nov-04, Dec-02, Dec-30, Jan-27, Feb-24, Mar-24
BREAKFAST						
ORANGE JUICE OATMEAL SCRAMBLED EGGS BACON WHEAT TOAST COFFEE OR TEA MILK	APPLE JUICE BRAN FLAKES CEREAL SAUSAGE GRAVY BISCUIT COFFEE OR TEA MILK	ORANGE JUICE CREAMY WHEAT SCRAMBLED EGGS AND CHEESE ENGLISH MUFFIN COFFEE OR TEA MILK	GRAPE JUICE CORNFLAKES SAUSAGE PATTY PANCAKES COFFEE OR TEA MILK	CRANBERRY JUICE OATMEAL BAKED FRENCH TOAST COFFEE OR TEA MILK	APPLE JUICE RAISIN BRAN SCRAMBLED EGGS BROWN SUGAR COFFEE CAKE COFFEE OR TEA MILK	ORANGE JUICE OATMEAL EGG & CHEESE MUFFIN SANDWICH HASHBROWN POTATOES COFFEE OR TEA MILK
LUNCH						
BREADED FISH AU GRATIN ORZO PILAF SEASONED PEAS WHEAT ROLL STRAWBERRIES W/WHIP TOPPING COFFEE OR TEA MILK	CRUNCHY CHICKEN CANTINA CORN BRUSSELS SPROUTS WHEAT BREAD PEACH PIE COFFEE OR TEA MILK	ROAST BEEF NEW POTATOES FRENCH STYLE GREEN BEANS WHEAT ROLL MANDARIN ORANGES COFFEE OR TEA MILK	BREADED PORK CHOP WILD RICE BLEND SEASONED ZUCCHINI WHEAT ROLL CREAM CHEESE CHRY SQUARE COFFEE OR TEA MILK	CHICKEN PAPRIKA BROWN RICE PILAF PEAS WITH MUSHROOMS WHEAT ROLL POACHED PEARS COFFEE OR TEA MILK	CHICKEN & WILD RICE CRUMB TOP BRUSSELS SPROUTS WHEAT ROLL APPLE COBBLER COFFEE OR TEA MILK	STUFFED BAKED FISH MASHED POTATOES DILL CARROTS WHEAT ROLL PUMPKIN PIE COFFEE OR TEA MILK
DINNER						
CORNED BEEF BAKED POTATO LEMON BUTTERED BROCCOLI BROWNIE COFFEE OR TEA MILK	CHEESE ENCHILADA CASSEROLE SPANISH RICE SHRED LETTUCE & CHOP TOMATO CINNAMON APPLES COFFEE OR TEA MILK	POTATO AND LEEK SOUP SALTINE CRACKERS TURKEY SANDWICH ON WHEAT CHIPS LETTUCE AND TOMATO CHILLED PEARS COFFEE OR TEA MILK	GLAZED CHICKEN BUTTERED PASTA BABY CARROTS CORNBREAD SEASONAL FRESH FRUIT COFFEE OR TEA MILK	SALMON PATTY CREAM SAUCE VEGETABLE PASTA SALAD WHEAT ROLL PINEAPPLE CUBES COFFEE OR TEA MILK	VEGETABLE LASAGNA MIXED GREEN SALAD DRESSING OF CHOICE BREADSTICK CHILLED PEACHES COFFEE OR TEA MILK	CHEESE PIZZA TOSSED SALAD WHEAT BREAD MANDARIN ORANGES COFFEE OR TEA MILK
						DRESSING OF CHOICE

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Oct-08, Nov-05, Dec-03, Dec-31, Jan-28, Feb-25, Mar-25	Oct-09, Nov-06, Dec-04, Jan-01, Jan-29, Feb-26, Mar-26	Oct-10, Nov-07, Dec-05, Jan-02, Jan-30, Feb-27, Mar-27	Oct-11, Nov-08, Dec-06, Jan-03, Jan-31, Feb-28, Mar-28	Oct-12, Nov-09, Dec-07, Jan-04, Feb-01, Mar-01, Mar-29	Oct-13, Nov-10, Dec-08, Jan-05, Feb-02, Mar-02, Mar-30	Oct-14, Nov-11, Dec-09, Jan-06, Feb-03, Mar-03, Mar-31
BREAKFAST						
CRANBERRY JUICE OATMEAL CHEESE OMELET WHEAT TOAST COFFEE OR TEA MILK	APPLE JUICE RAISIN BRAN OPEN FACE EGG MUFFIN SANDWICH COFFEE OR TEA MILK	ORANGE JUICE CREAMY WHEAT SCRAMBLED EGGS WHEAT TOAST COFFEE OR TEA MILK	GRAPE JUICE BRAN FLAKES CEREAL SAUSAGE LINKS PANCAKES COFFEE OR TEA MILK	CRANBERRY JUICE OATMEAL SAUSAGE PATTY FRENCH TOAST COFFEE OR TEA MILK	APPLE JUICE OAT CEREAL CHEESY EGG STRATA HASHBROWN POTATOES COFFEE OR TEA MILK	ORANGE JUICE OATMEAL SAUSAGE LINKS WAFFLE COFFEE OR TEA MILK
LUNCH						
HAM W/PINEAPPLE PARSLIED RED POTATOES SEASONED PEAS WHEAT ROLL SEASONAL FRESH FRUIT COFFEE OR TEA MILK	BEEF STROGANOFF NOODLES CAULIFLOWER W/RED PEPPERS WHEAT BREAD CHOCOLATE TRIFLE COFFEE OR TEA MILK	KING RANCH CHICKEN PINTO BEANS BUTTERED CORN ICE CREAM COFFEE OR TEA MILK	ROAST SLICED TURKEY RICE SEASONED CARROTS CORNBREAD CHILLED PEACHES COFFEE OR TEA MILK	COUNTRY FRIED STEAK WHIPPED SWEET POTATOES WHEAT BREAD FRESH APPLE SLICES COFFEE OR TEA MILK SKILLET CABBAGE	GARLIC PEPPER PORK CUBES HERBED ORZO SEASONED PEAS WHEAT ROLL SILVER WHITE CAKE COFFEE OR TEA MILK	CHICKEN & HERBED DUMPLINGS CRISPY BRUSSELS SPROUTS BISCUIT CHOCOLATE CHIP COOKIE COFFEE OR TEA MILK
DINNER						
SHRIMP SCAMPI ORZO PILAF SEASONED BROCCOLI BREADSTICK BANANA PUDDING W/TOPPING COFFEE OR TEA MILK	CHICKEN NOODLE SOUP TUNA MELT ON WHEAT BABY CARROTS STRAWBERRIES W/WHIP TOPPING COFFEE OR TEA MILK	APPLE PORK CHOP GARLIC MASHED POTATOES MIXED VEGETABLES WHEAT BREAD CHILLED PEARS COFFEE OR TEA MILK	SHERRY BEEF TIPS SOUR CREAM MASH POTATOES CALIFORNIA VEGETABLES LEMON POKE CAKE COFFEE OR TEA MILK	CHICKEN FRIED RICE ASIAN VEGETABLES WHEAT ROLL MANDARIN ORANGES COFFEE OR TEA MILK	SLOPPY JOE ON BUN BAKED POTATO WEDGES WINTER MIX VEGETABLES SEASONAL FRESH FRUIT COFFEE OR TEA MILK	SALMON PATTY PARSLIED RICE SEASONED ZUCCHINI WHEAT BREAD CHILLED FRUIT CUP COFFEE OR TEA MILK

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Oct-15, Nov-12, Dec-10, Jan-07, Feb-04, Mar-04	Oct-16, Nov-13, Dec-11, Jan-08, Feb-05, Mar-05	Oct-17, Nov-14, Dec-12, Jan-09, Feb-06, Mar-06	Oct-18, Nov-15, Dec-13, Jan-10, Feb-07, Mar-07	Oct-19, Nov-16, Dec-14, Jan-11, Feb-08, Mar-08	Oct-20, Nov-17, Dec-15, Jan-12, Feb-09, Mar-09	Oct-21, Nov-18, Dec-16, Jan-13, Feb-10, Mar-10
BREAKFAST						
GRAPE JUICE CRISPY RICE CEREAL BREAKFAST TACOS SAUSAGE LINKS COFFEE OR TEA MILK	CRANBERRY JUICE OATMEAL SAUSAGE PATTY WAFFLE COFFEE OR TEA MILK	APPLE JUICE OAT CEREAL EGGS WITH PEPPERS BACON WHEAT TOAST COFFEE OR TEA MILK	ORANGE JUICE CREAMY WHEAT SAUSAGE GRAVY BISCUIT COFFEE OR TEA MILK	GRAPE JUICE RAISIN BRAN SCRAMBLED EGGS AND CHEESE WHEAT TOAST COFFEE OR TEA MILK	CRANBERRY JUICE OATMEAL BREAKFAST HAM ENGLISH MUFFIN COFFEE OR TEA MILK	APPLE JUICE BRAN FLAKES CEREAL WESTERN OMELET HASHBROWN POTATOES MUFFIN COFFEE OR TEA MILK
LUNCH						
BEEF POT PIE TOSSED GARDEN SALAD WHEAT ROLL LEMON BAR COFFEE OR TEA MILK DRESSING OF CHOICE	TURKEY & NOODLE CASSEROLE SPINACH WHEAT ROLL FROSTED BROWNIE COFFEE OR TEA MILK	CHICKEN CACCIATORE PENNE PASTA PARSLIED CAULIFLOWER BREADSTICK STRAWBERRIES W/WHIP TOPPING COFFEE OR TEA MILK	BEEF TIPS AU JUS RICE HARVARD BEETS WHEAT ROLL MANDARIN ORANGES COFFEE OR TEA MILK	FRIED FISH TARTAR SAUCE BAKED POTATO WEDGES BUTTERED SPINACH WHEAT BREAD CHILLED PEARS COFFEE OR TEA MILK	SWEET & SOUR PORK CHOP ORZO PILAF MARINATED TOMATO SALAD BISCUIT PEACH COBBLER COFFEE OR TEA MILK	BAKED STUFFED CHICKEN BREAST OVEN BROWNED POTATOES HERBED GREEN BEANS WHEAT ROLL CHILLED FRUIT CUP COFFEE OR TEA MILK
DINNER						
POLISH SAUSAGE PARSLEY NEW POTATOES STEAMED CABBAGE WHEAT BREAD PINEAPPLE CUBES COFFEE OR TEA MILK	BLACK BEAN SOUP SALTINE CRACKERS CHEESE QUESADILLA SPANISH RICE SHRED LETTUCE & CHOP TOMATO CINNAMON PEARS COFFEE OR TEA MILK	HONEY GLAZED PORK CHOP BROWN RICE PEAS & PEARL ONIONS WHEAT BREAD SPICED PEACHES COFFEE OR TEA MILK	CREAMY TOMATO BASIL SOUP GRILLED CHEESE ON WHEAT BROCCOLI ONION SALAD WHEAT ROLL BAKED APPLES COFFEE OR TEA MILK	TORTELLINI W/CHEESE SAUCE ITALIAN VEGETABLES GARLIC BREAD TIRAMISU COFFEE OR TEA MILK	CHILI WITH CHEESE CORN CHIPS CAPRI BLEND VEGETABLES CORNBREAD STRAWBERRIES W/WHIP TOPPING COFFEE OR TEA MILK	CHEESE BROCCOLI STRATA BROILED TOMATO SLICES LEMON CREAM PIE COFFEE OR TEA MILK

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Oct-22, Nov-19, Dec-17, Jan-14, Feb-11, Mar-11	Oct-23, Nov-20, Dec-18, Jan-15, Feb-12, Mar-12	Oct-24, Nov-21, Dec-19, Jan-16, Feb-13, Mar-13	Oct-25, Nov-22, Dec-20, Jan-17, Feb-14, Mar-14	Oct-26, Nov-23, Dec-21, Jan-18, Feb-15, Mar-15	Oct-27, Nov-24, Dec-22, Jan-19, Feb-16, Mar-16	Oct-28, Nov-25, Dec-23, Jan-20, Feb-17, Mar-17
BREAKFAST						
ORANGE JUICE OATMEAL SCRAMBLED EGGS WHEAT TOAST COFFEE OR TEA MILK	GRAPE JUICE CRISPY RICE CEREAL SAUSAGE PATTY FRENCH TOAST COFFEE OR TEA MILK	CRANBERRY JUICE OATMEAL EGGS WITH PEPPERS WHEAT TOAST COFFEE OR TEA MILK	APPLE JUICE BRAN FLAKES CEREAL SCRAMBLED EGGS BROWN SUGAR COFFEE CAKE COFFEE OR TEA MILK	ORANGE JUICE CREAMY WHEAT SAUSAGE GRAVY BISCUIT COFFEE OR TEA MILK	GRAPE JUICE RAISIN BRAN BAKED EGG OMELET HASHBROWN POTATOES WHEAT TOAST COFFEE OR TEA MILK	CRANBERRY JUICE OATMEAL SAUSAGE LINKS PANCAKES COFFEE OR TEA MILK
LUNCH						
SHEPHERD'S PIE MIXED GREEN SALAD DRESSING OF CHOICE BISCUIT FROSTED CHOCOLATE CAKE COFFEE OR TEA MILK	CHICKEN DIJON RED BLISS POTATOES SPINACH WITH MUSHROOMS WHEAT ROLL PEACH PARFAIT COFFEE OR TEA MILK	SPAGHETTI W/MEAT SAUCE TOSSED SALAD DRESSING OF CHOICE GARLIC BREAD FRESH APPLE SLICES COFFEE OR TEA MILK	SWEET SOUR CHICKEN PARSLIED RICE ASIAN VEGETABLES WHEAT ROLL PINEAPPLE CUBES COFFEE OR TEA MILK	CORNBREAD CHERRY COBBLER COFFEE OR TEA MILK ROAST SLICED TURKEY WHIPPED SWEET POTATOES GREEN BEANS	SWEDISH MEATBALLS BUTTERED NOODLES SEASONED ZUCCHINI WHEAT ROLL CRANBERRY WHIP COFFEE OR TEA MILK	PORK WITH RED WINE SAUCE ROASTED NEW POTATOES WINTER MIX VEGETABLES WHEAT ROLL CARAMEL APPLE BAR COFFEE OR TEA MILK
DINNER						
SMOKED PIT HAM CINNAMON SWEET POTATOES BRUSSELS SPROUTS WHEAT ROLL MANDARIN ORANGES COFFEE OR TEA MILK	TUNA PATTY CREAMY DILL SAUCE PARSLIED BROWN RICE GREEN BEANS WHEAT BREAD STRAWBERRIES & BANANAS COFFEE OR TEA MILK	DELI SANDWICH ON WHEAT BAKED POTATO WEDGES LETTUCE AND TOMATO PUMPKIN BAR COFFEE OR TEA MILK	VEGETABLE PIZZA TOSSED SALAD DRESSING OF CHOICE BREADSTICK PEAR A LA CREAM COFFEE OR TEA MILK	BBQ PORK BUTTERED CORN BAKED BEANS WHEAT BREAD STRAWBERRIES W/WHIP TOPPING COFFEE OR TEA MILK	SEASONAL FRESH FRUIT COFFEE OR TEA MILK 4 CHEESE BAKED ZITI STEAMED SPINACH	HAMBURGER ON BUN FRENCH FRIES RELISH PLATE MUFFIN MANDARIN ORANGES COFFEE OR TEA MILK