







February 2025  
**MOSAIC Life Engagement Calendar**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday							
   														
		<b>1</b>						<b>10:00</b> ↔ Love and Gratitude Stretches 10:30 — Ball Toss — LUNCH 1:30 ♡ Pop-Up Nail Salon// with Shannon 2:30 ♡ Resident Choice 3:30 ♡ Snack & Chat — DINNER 6:00 ♡ Mary Poppins Movie Matinee						
	<b>Groundhog Day</b> <b>10:00</b> ↔ Heart Healthy Yoga 10:30 ♡ Sunday Devotion — LUNCH 1:30p Word Play Game 2:30 ♡ Bingo 3:00 ♡ Snacks & Smoothies — DINNER 6:00 ♡ Music Meditation	<b>2</b>	<b>10:00</b> ↔ Love and gratitude stretches 10:30 ♡ Daily chronicle/ snack and chat 11:00 ♡ What Love Means To Me — LUNCH 1:30 ♡ Valentines trivia 2:00 ♡ Bakers Club: Heart Shaped Cookies 3:00 ♡ Snack & Chat — DINNER 6:00 ♡ Casablanca (Movie Matinee)	<b>3</b>	<b>10:00</b> ↔ Cupid Shuffle 10:30 ♡ Daily Chronicle / Snack and Chat — LUNCH 1:30 ♡ Mini Games 2:30 ♡ Name that Tune Game 3:30 ♡ Snack & Chat — DINNER 6:00 ♡ Gone With The Wind (Movie Matinee)	<b>4</b>	<b>10:00</b> ↔ Heart Healthy Yoga 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ♡ Alphabet of love Game 2:30 ♡ Hearts and Crafts: Valentine Bracelets 3:30 ♡ Snack & Chat — DINNER 6:00 ♡ I Love Lucy (TV Show)	<b>5</b>	<b>10:00</b> ↔ Valentines Work out/Meditation 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ♡ Can you picture this game 2:00 ♡ Happy Hour: Hearts and Harmony 3:00 ♡ Mamma Mia (Movie Matinee) — DINNER 6:00 ♡ Music Meditation	<b>6</b>	<b>10:00</b> ↔ Heart Healthy Yoga 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ♡ Resident Choice/ Caregivers 2:30 ♡ Family Feud 3:00 ♡ Snacks & Smoothies — DINNER 6:00 ♡ Heart Land (TV Show)	<b>7</b>	<b>10:00</b> ↔ Love and Gratitude Stretches 10:30 ♡ Daily Chronicle / Snack and Chat — LUNCH 1:30 ♡ Pop-Up Nail Salon 2:30 ♡ Resident Choice 3:30 ♡ Snack & Chat — DINNER 6:00 ♡ 50 First Dates (Movie Matinee)	<b>8</b>
	<b>10:30</b> ↔ Sunday Stretches — LUNCH 1:30p Daily Devotion 3:00 ♡ Snacks & Smoothies — DINNER 6:00 ♡ Music Meditation	<b>9</b>	<b>10:00</b> ↔ Love and Gratitude Stretches 10:30 ♡ Daily Chronicles/ Snack and Chat 11:00 ♡ What Love Means To Me — LUNCH 1:30 ♡ Valentines Trivia 2:00 ♡ Bakers Club: Red Velvet Cake Truffles 3:30 ♡ Snack & Chat — DINNER 6:00 ♡ The Love Boat (TV Show)	<b>10</b>	<b>10:00</b> ↔ Cupid Shuffle 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ♡ Mini Games 2:30 ♡ Heart Matching Phrase Game 3:30 ♡ Snack & Chat — DINNER 6:00 ♡ Singing in The Rain (Movie Matinee)	<b>11</b>	<b>10:00</b> ↔ Heart Healthy Yoga 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ♡ Brain Games 2:30 ♡ Hearts and Crafts: Heart Shaped Sun Catchers 3:30 ♡ Snack & Chat — DINNER 6:00 ♡ The Proposal (Movie Matinee)	<b>12</b>	<b>10:00</b> ↔ Valentines Work out/Meditation 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ♡ Can You Picture This Game 2:00 ♡ Love and Friendship Social 3:00 ♡ The note book(movie matinee) — DINNER 6:00 ♡ Music Meditation	<b>13</b>	<b>Valentine's Day</b> <b>10:00</b> ↔ Love and Gratitude Stretches 10:30 ♡ Daily Chronicles/ Snack and Chat 1:30 ♡ Family Feud 2:30 ♡ Snacks & Smoothies — DINNER 6:00 ♡ Happy Days (TV Show)	<b>14</b>	<b>10:00</b> ↔ Sit & BE Fit 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ♡ Pop-Up Nail Salon 2:30 ♡ Resident Choice 3:30 ♡ Snack & Chat — DINNER 6:00 ♡ The Princess Bride (Movie matinee)	<b>15</b>
	<b>10:00</b> ↔ Sunday Stretches 1:30p Daily Devotion — LUNCH 1:30 ♡ Watercolor fun 2:30 ♡ Table Group Games 3:00 ♡ Snacks & Smoothies — DINNER 6:00 ♡ Music Meditation	<b>16</b>	<b>Presidents' Day</b> <b>10:00</b> ↔ Love and Gratitude Stretches 10:30 ♡ Daily Chronicles/ Snack and Chat 11:00 ♡ What Love Means To Me — LUNCH 1:30 ♡ Presidents' Day trivia/History 2:30 ♡ Bakers Club: Candy Heart Bark 3:30 ♡ Snack & Chat — DINNER 6:00 ♡ Golden Girls (TV Shows)	<b>17</b>	<b>10:00</b> ↔ Cupid Shuffle 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ♡ Mini Games 2:30 ♡ Resident Choice 3:30 ♡ Snack & Chat — DINNER 6:00 ♡ Singing in the Rain (Movie Matinee)	<b>18</b>	<b>10:00</b> ↔ Heart Healthy Yoga 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ♡ Famous Couple Quiz 2:30 ♡ Hearts and Crafts: Valentine Photo Frames 3:30 ♡ Snack & Chat — DINNER 6:00 ♡ Andy Griffith (TV Shows)	<b>19</b>	<b>10:00</b> ↔ Valentines Work out/Meditation 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ♡ Can You Picture This Game 2:00 ♡ Happy Hour: Sweet Treats Social 3:00 ♡ My Fair Lady (Movie Matinee) — DINNER 6:00 ♡ Music Meditation	<b>20</b>	<b>10:00</b> ↔ Love and Gratitude Stretches 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ♡ Resident Choice/ Caregivers 2:30 ♡ Family Feud 3:00 ♡ Snacks & Smoothies — DINNER 6:00 ♡ I Love Lucy (TV Shows)	<b>21</b>	<b>10:00</b> ↔ Heart Healthy Yoga 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ♡ Pop-Up Nail Salon 2:30 ♡ Resident Choice 3:30 ♡ Snack & Chat — DINNER 6:00 ♡ You've got Mail (Movie matinee)	<b>22</b>
	<b>10:00</b> ↔ Sunday Stretches 10:30 ♡ Daily Chronicles/ Snack and Chat 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30p Daily Devotion 3:00 ♡ Snacks & Smoothies — DINNER 6:00 ♡ Music Meditation	<b>23</b>	<b>10:00</b> ↔ Love and Gratitude Stretches 10:30 ♡ Daily Chronicles/ Snack and Chat 10:30 ♡ Daily Chronicles/ Snack and Chat 11:00 ♡ What Love Means To Me — LUNCH 2:00 ♡ Bakers Club: No Bake Cheesecake Cups 3:30 ♡ Snack & Chat — DINNER 6:00 ♡ The Love Boat (TV Shows)	<b>24</b>	<b>10:00</b> ↔ Cupid Shuffle 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ♡ Mini Games 2:30 ♡ Resident Choice 3:30 ♡ Snack & Chat — DINNER 6:00 ♡ An Affair to Remember (Movie Matinee)	<b>25</b>	<b>10:00</b> ↔ Heart Healthy Yoga 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ♡ Create a Love Poem Game 2:30 ♡ Hearts and Crafts: Heart Garlands 3:00 ♡ Snack and chat — DINNER 6:00 ♡ Heart Land (TV Show)	<b>26</b>	<b>10:00</b> ↔ Valentines Work out/ Meditation 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ♡ Can You Picture This Game 2:00 ♡ Happy Hour: Friendship Fiesta 3:00 ♡ The note book(movie matinee) — DINNER 6:00 ♡ Music Meditation	<b>27</b>	<b>10:00</b> ↔ Heart Healthy Yoga 10:30 ♡ Daily Chronicles/ Snack and Chat — LUNCH 2:30 ♡ Family Feud 3:00 ♡ Snacks & Smoothies — DINNER 6:00 ♡ The Note book (movie matinee)	<b>28</b>		