









January 2025
MOSAIC Life Engagement Calendar

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  Memories  Opportunities  Social  Active  Intellectual  Creativity							
	10:00 ↔ Sunday Stretches 10:30 ☀ Daily Chronicles/ Snack and Chat — LUNCH 1:30p Daily Devotion 2:30 ☀ Resident Choice 3:00 🍷 Snacks & Smoothies — DINNER 6:00 ❤️ Music Meditation	10:00 ↔ Light Aerobics 10:30 ☀ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ❤️ Sing Along w/ Spencer 2:30 🍷 Crafts Corner: Flower Power Bouquet 3:30 🍷 Snack & Chat — DINNER 6:00 ❤️ I Love Lucy (TV Show)	10:00 ↔ Chair Dance 10:30 🍷 Daily Chronicles/ Snack and Chat — LUNCH 1:30 ☀ Alphabet Game 2:30 ☀ Puzzles /word games 3:30 🍷 Snack & Chat — DINNER 6:00 ❤️ Mary Poppins Movie Maintee	New Year's Day 10:00 ↔ Gentle Stretching and Warm ups 10:30 ☀ Daily Chronicle / Snack and Chat — LUNCH 1:30 🍷 Pass the Parcel Game 2:30 🍷 Kitchen Creations: Energy Bites 3:30 🍷 Snack & Chat — DINNER 6:00 ❤️ Bewitched (TV Show)	10:00 ↔ Chair dancing 10:30 🍷 Daily Chronicle Snack and Chat — LUNCH 1:30 ☀ Can You Picture This Game 2:00 ☀ Swinging 60s Trivia 3:00 🍷 Happy Hour : Shirley Temple — DINNER 6:00 ❤️ Music Meditation	10:00 ↔ Hand Yoga 10:30 🍷 Daily Chronicle / Snack and Chat — LUNCH 1:30 🍷 Name that 60s Tune 2:30 ☀ 60s 70s Family Feud 3:00 🍷 Snacks & Smoothies — DINNER 6:00 ❤️ Gilligan's Island (TV Show)	10:00 ↔ Morning Meditation/ Gentle Stretching and Warm ups 10:30 🍷 Daily Chronicle / Snack and Chat — LUNCH 1:30 ❤️ Pop-Up Nail Salon 2:30 🍷 Taste Testing Game 3:30 🍷 Snack & Chat — DINNER 6:00 ❤️ Western Movie Night
	10:00 ↔ Sunday Stretches 10:30 ☀ Daily Chronicles/ Snack and Chat — LUNCH 1:30p Daily Devotion 2:30 ☀ Snacks & Smoothies 3:00 🍷 DINNER 6:00 ❤️ Music Meditation	10:00 ↔ Light Aerobics 10:30 ☀ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ❤️ Sing Along w/ Spencer 2:30 🍷 Crafts Corner: Love Beads 3:30 🍷 Indian Trail School (Bingo) — DINNER 6:00 ❤️ I Dream Of Jeannie (TV Show)	10:00 ↔ Gentle Stretching and Warm ups 10:30 ☀ Daily Chronicles/ Snack and Chat — LUNCH 1:30 🍷 Mini Games 2:30 🍷 60s 70s Trivia 3:30 🍷 Snack & Chat — DINNER 6:00 ❤️ The Nutty Professor (movie) [Pierehead]	10:00 ↔ Hand Yoga 10:30 ☀ Daily Chronicles/ Snack and Chat — LUNCH 1:30 ☀ 60s Bingo 2:30 ❤️ Kitchen Creations: Ambrosia Salad 3:30 🍷 Snack & Chat — DINNER 6:00 ❤️ I Dream Of Jeannie (Tv Show)	10:00 ↔ Morning Meditation/ Gentle Stretching and Warm ups 10:30 ☀ Daily Chronicle / Snack and Chat — LUNCH 1:30 ☀ Can You Picture This Game 2:00 🍷 Puzzles /word games 3:00 🍷 Happy Hour : Hippie Lemonade — DINNER 6:00 ❤️ Music Meditation	10:00 ↔ Chair Dance 10:30 ☀ Daily Chronicle / Snack and Chat — LUNCH 2:30 🍷 Salon Day !!!! Sets/Curls 3:00 🍷 Snacks & Smoothies — DINNER 6:00 ❤️ Gun Smoke (TV Show)	10:00 ↔ Hand Yoga 10:30 ☀ Daily Chronicle / Snack and Chat — LUNCH 1:30 ❤️ Pop-Up Nail Salon 2:30 🍷 Resident Choice 3:30 🍷 Snack & Chat — DINNER 6:00 ❤️ Breakfast at Tiffany's (Movie)
	10:00 ↔ Sunday Stretches 10:30 ☀ Daily Chronicle / Snack and Chat — LUNCH 1:30p Daily Devotion 2:30 ☀ 60s Bingo 3:00 🍷 Snacks & Smoothies — DINNER 6:00 ❤️ Music Meditation	Martin Luther King, Jr. Day 10:00 Light Aerobics 10:30 ☀ Daily Chronicle / Snack and Chat — LUNCH 1:30 ❤️ Sing Along w/ Spencer 2:30 🍷 Crafts Corner: Tie-Dye Tissue Paper 3:30 🍷 Snack & Chat 4:00 I have a dream speech — DINNER 6:00 ❤️ Perry Mason (Tv Show)	10:00 ↔ Gentle Stretching and Warm ups 10:30 ☀ Daily Chronicle / Snack and Chat — LUNCH 1:30 🍷 Peace and love Social 2:30 🍷 Resident Choice 3:30 🍷 Snack & Chat — DINNER 6:00 ❤️ The Parent Trap (Movie)	10:00 ↔ Chair Dancing 10:30 ☀ Daily Chronicle / Snack and Chat — LUNCH 1:30 ❤️ Arm chair Tour 2:30 🍷 Kitchen Creations: Fondue Party 3:30 🍷 Snack & Chat — DINNER 6:00 ❤️ Bonanza (Tv Show)	10:00 ↔ Hand Yoga 10:30 ☀ Daily Chronicle / Snack and Chat — LUNCH 1:30 🍷 Mini Games [Pierehead] 2:30 🍷 Armchair Road Trip 3:00 🍷 Happy Hour: Retro Punch — DINNER 6:00 ❤️ Music Meditation	10:00 ↔ Light Aerobics 10:30 ☀ Daily Chronicle / Snack and Chat — LUNCH 1:30 🍷 Name that 60s tune 2:30 ☀ 60S 70S Family Feud 3:00 🍷 Snacks & Smoothies — DINNER 6:00 ❤️ The Twilight Zone (Tv Show)	10:00 ↔ Morning Meditation/ Gentle Stretching and Warm ups 10:30 ☀ Daily Chronicle / Snack and Chat — LUNCH 1:30 ❤️ Pop-Up Nail Salon 2:30 🍷 Resident Choice 3:30 🍷 Snack & Chat — DINNER 6:00 ❤️ West Side Story (movie)
	10:00 ↔ Sunday Stretches 10:30 ☀ Daily Chronicle / Snack and Chat — LUNCH 1:30p Daily Devotion 3:00 🍷 Snacks & Smoothies 4:00 ❤️ 60s Bingo — DINNER 6:00 ❤️ Music Meditation	10:00 ↔ Light Aerobics 10:30 ☀ Daily Chronicle / Snack and Chat — LUNCH 1:30 ❤️ Sing Along w/ Spencer 2:30 🍷 Crafts Corner: Peaceful Door Decor 3:30 🍷 Snack & Chat — DINNER 6:00 ❤️ Bewitched (TV Show)	10:00 ↔ Gentle Stretching and Warm ups 10:30 ☀ Daily Chronicle Snack and Chat — LUNCH 1:30 🍷 Ring Toss 2:30 🍷 Cup Stack Challenge 3:30 🍷 Snack & Chat — DINNER 6:00 ❤️ West Side Story (movie)	10:00 ↔ Hand Yoga 10:30 ☀ Daily Chronicle / Snack and Chat — LUNCH 1:30 ☀ 60s Bingo 2:30 🍷 Kitchen Creations: Far out Sugar Cookies 3:30 🍷 Snack & Chat — DINNER 6:00 ❤️ Gilligan's Island (TV Show)	10:00 ↔ Morning Meditation/ Gentle Stretching and Warm ups 10:30 ☀ Daily Chronicle / Snack and Chat — LUNCH 1:30 ☀ Can You Picture This Game 2:00 🍷 Swinging Sixties Party 3:00 🍷 Smoothies — DINNER 6:00 ❤️ Music Meditation	10:00 ↔ Chair Dance 10:30 🍷 Daily Chronicle / Snack and Chat — LUNCH 1:30 🍷 Name that 60s tune 2:30 ☀ 60s 70s Family Feud 3:00 🍷 Snacks & Smoothies — DINNER 6:00 ❤️ I Love Lucy (TV Show)	