MEMORY CARE • ASSISTED LIVING STOUGHTON HOUSEHOLD HAPPENINGS

# Reminiscing with the Senses: Valentine's Day

#### Every Monday Morning

Reminisce about Valentine's Day, learn about the history, and share your past experiences, gifts, and moments.

#### A Very Lovely Baker's Club

Every Thursday Afternoon Every week we will make a different red themed treat to share with all our Azura friends and family! Residents can look forward to red velvet cake, strawberry shortcake, cherry pie and more!

#### Love on the Rocks Happy Hour

Every Friday Afternoon Join us for a festive afternoon of love, laughter, and cocktails "on the rocks." Sip signature drinks and toast to love in all its forms. Cheers!

## The Cupid Shuffle

**Every Tuesday Morning** 

Get your heart pumping and your body moving with Cupid Shuffle and other beats, a fun, high-energy exercise group! Perfect for all fitness levels, this workout will have you stepping, shuffling, and smiling your way to wellness!

### Love Letter Scramble

Every Wednesday Afternoon Unscramble romantic or Valentine-related words (e.g., heart, cupid, flowers, romance). heart, cupid, flowers, romance), and add a challenge by using longer phrases like "candlelit dinner."

## **Crafter's Corner: Hearts and Crafts**

Every Tuesday Afternoon We will do a heart themed craft every Tuesday. From stringing, painting, crinkling, and quilting, we will make all kinds of different heart art this month!

## Sweetheart Soiree

February 14th at 2 PM

Enjoy a relaxed and elegant afternoon at the Sweetheart Soirée, where love and friendship come together. Sip on craft cocktails, savor sweet treats, and soak in the warm, inviting atmosphere. A perfect gathering to celebrate connections and create lasting memories.