Wednesday Oct-01, Oct-29, Nov-26, Dec-24, Jan-21, Feb-18, Mar-18	Thursday Oct-02, Oct-30, Nov-27, Dec-25, Jan-22, Feb-19, Mar-19	Friday Oct-03, Oct-31, Nov-28, Dec-26, Jan-23, Feb-20, Mar-20	Saturday Oct-04, Nov-01, Nov-29, Dec-27, Jan-24, Feb-21, Mar-21	Sunday Oct-05, Nov-02, Nov-30, Dec-28, Jan-25, Feb-22, Mar-22	Monday Oct-06, Nov-03, Dec-01, Dec-29, Jan-26, Feb-23, Mar-23	Tuesday Oct-07, Nov-04, Dec-02, Dec-30, Jan-27, Feb-24, Mar-24
BREAKFAST						
ORANGE JUICE OATMEAL SCRAMBLED EGGS BACON WHEAT TOAST COFFEE OR TEA MILK	APPLE JUICE BRAN FLAKES CEREAL SAUSAGE GRAVY BISCUIT COFFEE OR TEA MILK	ORANGE JUICE CREAMY WHEAT SCRAMBLED EGGS AND CHEESE ENGLISH MUFFIN COFFEE OR TEA MILK	GRAPE JUICE CORNFLAKES SAUSAGE PATTY PANCAKES COFFEE OR TEA MILK	CRANBERRY JUICE OATMEAL FRENCH TOAST STRATA COFFEE OR TEA MILK	APPLE JUICE RAISIN BRAN SCRAMBLED EGGS BROWN SUGAR COFFEE CAKE COFFEE OR TEA MILK	ORANGE JUICE OATMEAL EGG & CHEESE MUFFIN SANDWICH HASHBROWN POTATOES COFFEE OR TEA MILK
LUNCH						
CRANBERRY GLAZED PORK LOIN SCALLOPED POTATOES GREEN BEANS WHEAT ROLL PUDDING PARFAIT COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	CRUNCHY CHICKEN STEAMED RICE TOSSED GARDEN SALAD WHEAT BREAD PEACH PIE COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	HERB BAKED FISH BOWTIES BROCCOLI W/CHEESE SAUCE WHEAT ROLL MANDARIN ORANGES COFFEE OR TEA MILK GARNISH LEMON WEDGE	BREADED PORK CHOP SOUR CREAM MASH POTATOES SEASONED ZUCCHINI WHEAT ROLL CREAM CHEESE CHRY SQUARE COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	CHICKEN PAPRIKA BROWN RICE PILAF PEAS WITH MUSHROOMS WHEAT ROLL BUTTERSCOTCH SQUARE COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	BRAISED BEEF TIPS GARLIC MASHED POTATOES PARSLIED CAULIFLOWER WHEAT ROLL APPLE COBBLER COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	ROAST TURKEY POULTRY GRAVY BREAD STUFFING GREEN BEAN CASSEROLE WHEAT ROLL PUMPKIN PIE COFFEE OR TEA MILK GARNISH CRANBERRY SAUCE
DINNER						
VEGETABLE SOUP SALTINE CRACKERS GRILLED CHEESE ON WHEAT 3 BEAN SALAD BROWNIE COFFEE OR TEA MILK GARNISH PICKLE SPEAR	SALISBURY STEAK MASHED RED SKIN POTATOES PARSLIED CAULIFLOWER WHEAT ROLL CINNAMON APPLES COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	POTATO AND LEEK SOUP SALTINE CRACKERS TURKEY SANDWICH ON WHEAT CHIPS LETTUCE AND TOMATO GELATIN COFFEE OR TEA MILK GARNISH PICKLE SPEAR	MACARONI AND CHEESE BUTTERMILK BISCUITS SEASONAL FRESH FRUIT COFFEE OR TEA MILK GARNISH PARSLEY SPRIG BAKED TOMATOES	HAMBURGER ON BUN FRENCH FRIES RELISH PLATE PINEAPPLE CUBES COFFEE OR TEA MILK GARNISH LEMON WEDGE	VEGETABLE LASAGNA MIXED GREEN SALAD DRESSING OF CHOICE BREADSTICK ASSORTED COOKIES COFFEE OR TEA MILK GARNISH PARMESAN CHEESE	GOULASH MIXED VEGETABLES WHEAT BREAD MANDARIN ORANGES COFFEE OR TEA MILK GARNISH PARSLEY SPRIG

Wednesday Oct-08, Nov-05, Dec-03, Dec-31, Jan-28, Feb-25, Mar-25	Thursday Oct-09, Nov-06, Dec-04, Jan-01, Jan-29, Feb-26, Mar-26	Friday Oct-10, Nov-07, Dec-05, Jan-02, Jan-30, Feb-27, Mar-27	Saturday Oct-11, Nov-08, Dec-06, Jan-03, Jan-31, Feb-28, Mar-28	Sunday Oct-12, Nov-09, Dec-07, Jan-04, Feb-01, Mar-01, Mar-29	Monday Oct-13, Nov-10, Dec-08, Jan-05, Feb-02, Mar-02, Mar-30	Tuesday Oct-14, Nov-11, Dec-09, Jan-06, Feb-03, Mar-03, Mar-31
BREAKFAST						
CRANBERRY JUICE OATMEAL CHEESE OMELET WHEAT TOAST COFFEE OR TEA MILK	APPLE JUICE RAISIN BRAN OPEN FACE EGG MUFFIN SANDWICH COFFEE OR TEA MILK	ORANGE JUICE CREAMY WHEAT SCRAMBLED EGGS WHEAT TOAST COFFEE OR TEA MILK	GRAPE JUICE BRAN FLAKES CEREAL SAUSAGE LINKS PANCAKES COFFEE OR TEA MILK	CRANBERRY JUICE OATMEAL SAUSAGE PATTY FRENCH TOAST COFFEE OR TEA MILK	APPLE JUICE OAT CEREAL CHEESY EGG STRATA HASHBROWN POTATOES COFFEE OR TEA MILK	ORANGE JUICE OATMEAL SAUSAGE LINKS WAFFLE COFFEE OR TEA MILK
LUNCH						
HAM W/PINEAPPLE PARSLIED RED POTATOES SEASONED PEAS WHEAT ROLL SEASONAL FRESH FRUIT COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	BEEF STROGANOFF NOODLES CAULIFLOWER W/RED PEPPERS WHEAT BREAD CHOCOLATE TRIFLE COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	KING RANCH CHICKEN PINTO BEANS BUTTERED CORN ICE CREAM COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	BBQ PORK POTATO SALAD COLE SLAW CORNBREAD FROSTED ANGEL FOOD CAKE COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	CHICKEN FRIED RICE ASIAN VEGETABLES WHEAT BREAD FRESH ORANGE SLICES COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	GARLIC PEPPER PORK CUBES HERBED ORZO SEASONED PEAS WHEAT ROLL SILVER WHITE CAKE COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	FRIED CHICKEN GRAVY MASHED POTATOES CRISPY BRUSSELS SPROUTS BISCUIT CHOCOLATE CHIP COOKIE COFFEE OR TEA MILK GARNISH PARSLEY SPRIG
DINNER						
SHRIMP SCAMPI ORZO PILAF SEASONED BROCCOLI BREADSTICK BANANA PUDDING W/ TOPPING COFFEE OR TEA MILK GARNISH LEMON WEDGE	TOSSED SALAD DRESSING OF CHOICE GARLIC ROLL BLUEBERRY COBBLER COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	HORSERADISH CRUSTED TILAPIA BROWN RICE MIXED VEGETABLES WHEAT BREAD CHILLED PEARS COFFEE OR TEA MILK GARNISH LEMON WEDGE	CHEESE RAVIOLI & MARINARA SLICED ZUCCHINI GARLIC BREAD LEMON BAR COFFEE OR TEA MILK GARNISH PARMESAN CHEESE	HAM AND CHEESE MELT CHIPS LETTUCE AND TOMATO APPLE CRISP COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	SLOPPY JOE ON BUN BAKED POTATO WEDGES WINTER MIX VEGETABLES BUTTERSCOTCH PUDDING PARFAIT COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	BEEF POT PIE MIXED GREEN SALAD DRESSING OF CHOICE WHEAT BREAD CHILLED FRUIT CUP COFFEE OR TEA MILK GARNISH PARSLEY SPRIG

Wednesday Oct-15, Nov-12, Dec-10, Jan-07, Feb-04, Mar-04	Thursday Oct-16, Nov-13, Dec-11, Jan-08, Feb-05, Mar-05	Friday Oct-17, Nov-14, Dec-12, Jan-09, Feb-06, Mar-06	Saturday Oct-18, Nov-15, Dec-13, Jan-10, Feb-07, Mar-07	Sunday Oct-19, Nov-16, Dec-14, Jan-11, Feb-08, Mar-08	Monday Oct-20, Nov-17, Dec-15, Jan-12, Feb-09, Mar-09	Tuesday Oct-21, Nov-18, Dec-16, Jan-13, Feb-10, Mar-10
BREAKFAST						
GRAPE JUICE CRISPY RICE CEREAL BREAKFAST TACOS SAUSAGE LINKS COFFEE OR TEA MILK	CRANBERRY JUICE OATMEAL SAUSAGE PATTY WAFFLE COFFEE OR TEA MILK	APPLE JUICE OAT CEREAL EGGS WITH PEPPERS BACON WHEAT TOAST COFFEE OR TEA MILK	ORANGE JUICE CREAMY WHEAT SAUSAGE GRAVY BISCUIT COFFEE OR TEA MILK	GRAPE JUICE RAISIN BRAN SCRAMBLED EGGS AND CHEESE WHEAT TOAST COFFEE OR TEA MILK	CRANBERRY JUICE OATMEAL BREAKFAST HAM ENGLISH MUFFIN COFFEE OR TEA MILK	APPLE JUICE BRAN FLAKES CEREAL WESTERN OMELET HASHBROWN POTATOES MUFFIN COFFEE OR TEA MILK
LUNCH						
ITALIAN CRUSTED FISH CHEESY BROCCOLI RICE WHEAT ROLL RICE CRISPY BAR COFFEE OR TEA MILK GARNISH LEMON WEDGE	BACON WRAPPED CHOP STEAK BAKED POTATO SQUASH BLEND WHEAT ROLL FROSTED BROWNIE COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	CHICKEN CACCIATORE PENNE PASTA PARSLIED CAULIFLOWER WHEAT ROLL ANGEL FOOD CAKE COFFEE OR TEA MILK GARNISH PARMESAN CHEESE	BRAISED PORK LOIN SWEET POTATOES CORN WHEAT ROLL MANDARIN ORANGES COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	FRIED FISH TARTAR SAUCE BAKED POTATO WEDGES BUTTERED SPINACH WHEAT BREAD CHOCOLATE CAKE WITH ICING COFFEE OR TEA MILK GARNISH LEMON WEDGE	PEPPERED PORK LOIN GRAVY WHOLE KERNEL CORN MARINATED TOMATO SALAD BISCUIT PEACH COBBLER COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	BAKED STUFFED CHICKEN BREAST OVEN BROWNED POTATOES HERBED GREEN BEANS WHEAT ROLL CHILLED FRUIT CUP COFFEE OR TEA MILK GARNISH PARSLEY SPRIG
DINNER						
GREEN PEPPER STEAK RICE BUTTERED BEETS WHEAT BREAD CITRUS TWIST TRIFLE COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	TURKEY & NOODLE CASSEROLE MIXED VEGETABLES BREADSTICK/MARGARINE HONEY BUN CAKE COFFEE OR TEA MILK GARNISH SOUR CREAM	BAKED HADDOCK FRENCH FRIES GREEN BEANS WHEAT BREAD SPICED PEACHES COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	CHICKEN CORDON BLEU PARSLIED BOWTIES BABY CARROTS WHEAT ROLL BAKED APPLES COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	TORTELLINI W/CHEESE SAUCE ITALIAN VEGETABLES GARLIC BREAD TIRAMISU COFFEE OR TEA MILK GARNISH PARMESAN CHEESE	CHILI WITH CHEESE CORN CHIPS CAPRI BLEND VEGETABLES CORNBREAD ICE CREAM SANDWICH COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	FISH SANDWICH TARTAR SAUCE MACARONI SALAD CARROT STICKS LEMON CREAM PIE COFFEE OR TEA MILK GARNISH LEMON WEDGE

Wednesday Oct-22, Nov-19, Dec-17, Jan-14, Feb-11, Mar-11	Thursday Oct-23, Nov-20, Dec-18, Jan-15, Feb-12, Mar-12	Friday Oct-24, Nov-21, Dec-19, Jan-16, Feb-13, Mar-13	Saturday Oct-25, Nov-22, Dec-20, Jan-17, Feb-14, Mar-14	Sunday Oct-26, Nov-23, Dec-21, Jan-18, Feb-15, Mar-15	Monday Oct-27, Nov-24, Dec-22, Jan-19, Feb-16, Mar-16	Tuesday Oct-28, Nov-25, Dec-23, Jan-20, Feb-17, Mar-17
BREAKFAST						
ORANGE JUICE OATMEAL SCRAMBLED EGGS WHEAT TOAST COFFEE OR TEA MILK	GRAPE JUICE CRISPY RICE CEREAL SAUSAGE PATTY FRENCH TOAST COFFEE OR TEA MILK	CRANBERRY JUICE OATMEAL EGGS WITH PEPPERS WHEAT TOAST COFFEE OR TEA MILK	APPLE JUICE BRAN FLAKES CEREAL SCRAMBLED EGGS BROWN SUGAR COFFEE CAKE COFFEE OR TEA MILK	ORANGE JUICE CREAMY WHEAT SAUSAGE GRAVY BISCUIT COFFEE OR TEA MILK	GRAPE JUICE RAISIN BRAN BAKED EGG OMELET HASHBROWN POTATOES WHEAT TOAST COFFEE OR TEA MILK	CRANBERRY JUICE OATMEAL SAUSAGE LINKS PANCAKES COFFEE OR TEA MILK
LUNCH						
SHEPHERD'S PIE MIXED GREEN SALAD DRESSING OF CHOICE BISCUIT FROSTED CHOCOLATE CAKE COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	CHICKEN DIJON RED BLISS POTATOES SPINACH WITH MUSHROOMS WHEAT ROLL PEACH PARFAIT COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	SPAGHETTI W/MEAT SAUCE TOSSED SALAD DRESSING OF CHOICE GARLIC BREAD FRESH APPLE SLICES COFFEE OR TEA MILK GARNISH PARMESAN CHEESE	SWEET SOUR CHICKEN PARSLIED RICE ASIAN VEGETABLES WHEAT ROLL PINEAPPLE CUBES COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	FRIED FISH TARTAR SAUCE FRENCH FRIES COLE SLAW CORNBREAD CHERRY COBBLER COFFEE OR TEA MILK GARNISH LEMON WEDGE	SWEDISH MEATBALLS BUTTERED NOODLES SEASONED ZUCCHINI WHEAT ROLL CRANBERRY WHIP COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	PORK WITH RED WINE SAUCE ROASTED NEW POTATOES WINTER MIX VEGETABLES WHEAT ROLL CARAMEL APPLE BAR COFFEE OR TEA MILK GARNISH PARSLEY SPRIG
DINNER						
SMOKED PIT HAM CINNAMON SWEET POTATOES BRUSSELS SPROUTS WHEAT ROLL MANDARIN ORANGES COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	TUNA PATTY CREAMY DILL SAUCE PARSLIED BROWN RICE GREEN BEANS WHEAT BREAD STRAWBERRIES & BANANAS COFFEE OR TEA MILK GARNISH LEMON WEDGE	DELI SANDWICH ON WHEAT BAKED POTATO WEDGES LETTUCE AND TOMATO PUMPKIN BAR COFFEE OR TEA MILK GARNISH PICKLE SPEAR	VEGETABLE PIZZA TOSSED SALAD DRESSING OF CHOICE BREADSTICK ICE CREAM SUNDAE COFFEE OR TEA MILK GARNISH PARMESAN CHEESE	BBQ PORK BUTTERED CORN BAKED BEANS WHEAT BREAD STRAWBERRIES W/ TOPPING COFFEE OR TEA MILK GARNISH PARSLEY SPRIG	BROCCOLI CHEESE SOUP SALTINE CRACKERS CHICKEN SALAD SANDWICH WHEAT CARROT STICKS DRESSING OF CHOICE AUTUMN DESSERT COFFEE OR TEA MILK GARNISH PICKLE SPEAR	MUFFIN MANDARIN ORANGES COFFEE OR TEA MILK GARNISH PARSLEY SPRIG HAMBURGER ON BUN FRENCH FRIES RELISH PLATE