












September 2024
MOSAIC Life Engagement Calendar

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  Memories  Opportunities  Social  Active  Intellectual  Creativity	- 🕒 Daily Chronicles - 🏃 Old School Energy - 🧘 Tai Chi - 🗓 Reminisce: School Day Memories - LUNCH - 🎲 Board Games - 🗣 Snack N' Chat - 🏹 Bowling - DINNER - ❤️ Symphony Sounds	Labor Day - 🕒 Daily Chronicles - 🏃 Old School Energy - ❤️ Montage Stories - LUNCH - 🚶 Give Back Group: Walk to End Alzheimer's Flower Garden - 🗣 Snack N' Chat - 🏹 Balloon Volleyball - DINNER - ❤️ Meditative Music	- 🕒 Daily Chronicles - 🏃 Old School Energy - 🗣 Jean and Abby Music - 🕒 Trivia Time: Word Games - LUNCH - 🍪 Bakers Club: Old School Snacks - 🗣 Snack N' Chat - 🏹 Bean Bag Toss - DINNER - ❤️ Sing-Along	- Chicken Soup - 🕒 Daily Chronicles - 🏃 Old School Energy - 🏃 Seated Exercises - 🕒 Music in Motion - LUNCH - 🗣 Snack N' Chat - 🏹 Bean Bag Toss - DINNER - 🎴 Cards & Games	- 🕒 Daily Chronicles - 🏃 Chair Yoga - 🏃 Old School Energy - 🕒 Word Games - LUNCH - 🖌 Brushstrokes - 🗣 Men's Club with Ron - 🗣 Snack N' Chat - 🏹 Bat and Ball - DINNER - ❤️ Purposeful Destination Walks	- 🕒 Daily Chronicles - 🏃 Fuzion Fitness - 🏃 Old School Energy - 11:00 🗓 Crafter's Corner: Old School Crafts - LUNCH - 🎲 HAPPY HOUR - 🗣 Snack N' Chat - 🏹 Darts - DINNER - ❤️ World Music Listening Hour	- 🕒 Daily Chronicles - 🏃 Old School Energy - 🧘 Sit & Be Fit - 🕒 Word Games - LUNCH - 🏹 Pool Noodle Ball - 🗣 Adult Coloring Pages - 🗣 Snack N' Chat - 🏹 Kickball - DINNER - ❤️ Movie Night: Classic Flicks
	- 🕒 Daily Chronicles - 🏃 Old School Energy - 🧘 Tai Chi - 🗓 Reminisce: School Day Memories - LUNCH - 🎲 Board Games - 🗣 Snack N' Chat - 🏹 Bowling - DINNER - ❤️ Symphony Sounds	- 🕒 Daily Chronicles - 🏃 Old School Energy - ❤️ Montage Stories - LUNCH - 🚶 Give Back Group: Walk to End Alzheimer's Flower Garden - 🗣 Snack N' Chat - 🏹 Balloon Volleyball - DINNER - ❤️ Meditative Music	Apple Orchard Outing - 🕒 Daily Chronicles - 🏃 Old School Energy - 🗣 Jean and Abby Music - 🕒 Trivia Time: Word Games - LUNCH - 🍪 Bakers Club: Old School Snacks - 🗣 Snack N' Chat - 🏹 Bean Bag Toss - DINNER - ❤️ Sing-Along	- Chicken Soup - 🕒 Daily Chronicles - 🏃 Old School Energy - 🏃 Seated Exercises - 🕒 Music in Motion - LUNCH - 🗣 Men's Club with Ron - 🗣 Snack N' Chat - 🏹 Bean Bag Toss - DINNER - 🎴 Cards & Games	- 🕒 Daily Chronicles - 🏃 Chair Yoga - 🏃 Old School Energy - 🕒 Word Games - LUNCH - 🖌 Brushstrokes - 🗣 Snack N' Chat - 🏹 Bat and Ball - DINNER - ❤️ Purposeful Destination Walks	- 🕒 Daily Chronicles - 🏃 Fuzion Fitness - 🏃 Old School Energy - 11:00 🗓 Crafter's Corner: Old School Crafts - LUNCH - 🎲 HAPPY HOUR - 🗣 Snack N' Chat - 🏹 Darts - DINNER - ❤️ World Music Listening Hour	- 🕒 Daily Chronicles - 🏃 Old School Energy - 🧘 Sit & Be Fit - 🕒 Word Games - LUNCH - 🏹 Pool Noodle Ball - 🗣 Adult Coloring Pages - 🗣 Snack N' Chat - 🏹 Kickball - DINNER - ❤️ Movie Night: Classic Flicks
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