AZURA®

MEMORY CARE • ASSISTED LIVING

## BROOKFIELD MC HOUSEHOLD HAPPENINGS

# March into Women's History Month

**The Women Who Shaped My Life**
Every Monday Morning
Residents reflect on the women who influenced their lives—mothers, sisters, friends, and mentors—through gentle conversation and shared memories, honoring the love, strength, and guidance that shaped who they are today.

**Baker's Club: Influential Female Chefs Recipes**
Every Thursday Afternoon
From Julia Child's Chocolate Mousse, to Martha Stewart's Chocolate Chip Cookies, to grandmas classic brownie recipe,and Paula Deen's Ooey Gooey Lucky charm treats, you are sure to love making and eating these sweet treats!

**Happy Hour: Strong Women & Strong Spirits**
Every Friday Afternoon
This themed happy hour celebrates the strength, resilience, and stories of women through the years. Residents are invited to sip, socialize, and reminisce while honoring the women who shaped their lives and history together.

**Jane Fonda's Workout**
Every Wednesday Morning
In honor of Women's History Month, we will exercise every week to the well-known American Actress, activist, and former fashion model, Jane Fonda, who's workout video had the highest-selling VHS of the 20th century.

**Women in History Trivia**
Every Wednesday Afternoon
Residents enjoy a fun and engaging game of trivia featuring notable women from history. This activity encourages recognition, conversation, and shared memories while celebrating the achievements and influence of women through the years.

**Crafter's Corner: Hands that Built History**
Every Monday & Saturday Afternoon
Residents create meaningful crafts related to the monthly holidays and theme. This hands-on activity encourages conversation, connection, and honoring the lasting impact of women through the years.

**Luck of the Irish Celebration**
Tuesday, March 17th at 10 AM
Residents celebrate St. Patrick's Day with festive fun, games, and treats inspired by Irish tradition. This lively social encourages laughter, connection, and a bit of good luck as we enjoy time together and make cheerful memories.