



- Memories
- Opportunities
- Social
- Active
- Intellectual
- Creativity

Please note that all activities and events are subject to change, including event times. Due to the ever-changing needs within memory care and assisted living, flexibility allows us to best support our residents and provide meaningful moments of engagement.

Thank you for your understanding!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>9:30 Music and Memories!</p> <p>– Faith & Fellowship [CR]</p> <p>– Grace and Goodies</p> <p>12:00 LUNCH</p> <p>– Chair Exercise [CR]</p> <p>– Sippy Social</p> <p>– Daily Chronicles and Current Events</p> <p>– Mind Masters</p> <p>5:00 DINNER</p> <p>– Symphony Sounds</p>	<p>Happy Birthday Vivian!!</p> <p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Zumba [In House]</p> <p>– Cool Down Chats</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Polish Perfection [Salon]</p> <p>– Sippy Social</p> <p>– Afternoon Visits</p> <p>5:00 DINNER</p> <p>– Chill Chats</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Chair Yoga with Jana! [CR]</p> <p>– Cool Down Chats</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>2:00 Prayers with Rabbi Samuels [Nohl]</p> <p>– Singing and Hymns with Sue [Cafe]</p> <p>– Crafters Corner: Hands that Built History</p> <p>– Sippy Social</p> <p>5:00 DINNER</p> <p>– Daily Buzz</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Knit Happens with Erin</p> <p>– Wellness Wednesday</p> <p>– Cool Down Chats</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Take a Trip to London, England</p> <p>– Sippy Social</p> <p>– Calming Coloring</p> <p>– Gayle's Gals Book Club</p> <p>3:30 Sensory Studio</p> <p>5:00 DINNER</p> <p>– Film Frenzy</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Jane Fonda's Workout</p> <p>– Cool Down Chats</p> <p>– Word of the Day</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Women in History Picture Trivia</p> <p>– Sippy Social</p> <p>– The Women Who Shaped My Life</p> <p>– Ness and her Tunes</p> <p>5:00 DINNER</p> <p>– Game Night Gladiators</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Spring Into Motion</p> <p>– Cool Down Chats</p> <p>– Gayle's Gals</p> <p>– Daily Chronicles</p> <p>11:00 Songs and Prayers with Rabbi [Nohl]</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Bingo Bonanza</p> <p>– Happy Hour: Strong Women and Strong Spirits</p> <p>– Women Musician Tunes and Sing-A-Long</p> <p>5:00 DINNER</p> <p>– Echoes of Earth</p>	<p>9:30 Music and Memories!</p> <p>– Silver</p> <p>– Sneakers [CR]</p> <p>– Snack - N - Chat</p> <p>– Daily Chronicles</p> <p>12:00 LUNCH</p> <p>– Mental Gym [CR]</p> <p>– Matinee Magic and Popcorn</p> <p>5:00 DINNER</p> <p>– Game Night Gladiators</p>	
<p>Daylight Saving Time Begins</p> <p>9:30 Music and Memories!</p> <p>– Faith & Fellowship [CR]</p> <p>– Grace and Goodies</p> <p>12:00 LUNCH</p> <p>– Chair Exercise [CR]</p> <p>– Sippy Social</p> <p>– Daily Chronicles and Current Events</p> <p>– Mind Masters</p> <p>5:00 DINNER</p> <p>– Symphony Sounds</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Zumba [In House]</p> <p>– Cool Down Chats</p> <p>– Chaplin Derik [CR]</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Polish Perfection [Salon]</p> <p>– Sippy Social</p> <p>– Afternoon Visits</p> <p>5:00 DINNER</p> <p>– Chill Chats</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Chair Yoga with Jana! [CR]</p> <p>– Cool Down Chats</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>2:00 Prayers with Rabbi Samuels [Nohl]</p> <p>– Singing and Hymns with Sue [Cafe]</p> <p>– Crafters Corner: Hands that Built History</p> <p>– Sippy Social</p> <p>5:00 DINNER</p> <p>– Daily Buzz</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Knit Happens with Erin</p> <p>– Wellness Wednesday</p> <p>– Cool Down Chats</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Take a Trip to London, England</p> <p>– Sippy Social</p> <p>– Calming Coloring</p> <p>– Gayle's Gals Book Club</p> <p>3:30 Sensory Studio</p> <p>5:00 DINNER</p> <p>– Film Frenzy</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Jane Fonda's Workout</p> <p>– The Men's Den</p> <p>– Cool Down Chats</p> <p>– Word of the Day</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Women in History Picture Trivia</p> <p>– Sippy Social</p> <p>– The Women Who Shaped My Life</p> <p>– Ness and her Tunes</p> <p>5:00 DINNER</p> <p>– Game Night Gladiators</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Spring Into Motion</p> <p>– Cool Down Chats</p> <p>– Gayle's Gals</p> <p>– Daily Chronicles</p> <p>11:00 Songs and Prayers with Rabbi [Nohl]</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Bingo Bonanza</p> <p>– Happy Hour: Strong Women and Strong Spirits</p> <p>– Women Musician Tunes and Sing-A-Long</p> <p>5:00 DINNER</p> <p>– Echoes of Earth</p>	<p>9:30 Music and Memories!</p> <p>– Jay Isaacson Music [Cafe]</p> <p>12:00 LUNCH</p> <p>– Daily Chronicles [CR]</p> <p>– Matinee Magic and Popcorn</p> <p>5:00 DINNER</p> <p>– Game Night Gladiators</p>	
<p>9:30 Music and Memories!</p> <p>– Faith & Fellowship [CR]</p> <p>– Grace and Goodies</p> <p>12:00 LUNCH</p> <p>– Chair Exercise [CR]</p> <p>– Sippy Social</p> <p>– Daily Chronicles and Current Events</p> <p>– Mind Masters</p> <p>5:00 DINNER</p> <p>– Symphony Sounds</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Zumba [In House]</p> <p>– Cool Down Chats</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Polish Perfection [Salon]</p> <p>– Sippy Social</p> <p>– Afternoon Visits</p> <p>5:00 DINNER</p> <p>– Chill Chats</p>	<p>St. Patrick's Day Voting</p> <p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Chair Yoga with Jana! [CR]</p> <p>– Cool Down Chats</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>2:00 Prayers with Rabbi Samuels [Nohl]</p> <p>– Singing and Hymns with Sue [Cafe]</p> <p>– Crafters Corner: Hands that Built History</p> <p>– Sippy Social</p> <p>5:00 DINNER</p> <p>– Daily Buzz</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Knit Happens with Erin</p> <p>– Wellness Wednesday</p> <p>– Cool Down Chats</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Take a Trip to London, England</p> <p>– Sippy Social</p> <p>– Calming Coloring</p> <p>– Gayle's Gals Book Club</p> <p>3:30 Sensory Studio</p> <p>5:00 DINNER</p> <p>– Film Frenzy</p>	<p>Happy Birthday Kathy C!!</p> <p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Jane Fonda's Workout</p> <p>– Whisk It Good! with Chef Sam [CR]</p> <p>– Cool Down Chats</p> <p>– Word of the Day</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Women in History Picture Trivia</p> <p>– Sippy Social</p> <p>– Puzzles and Games Corner</p> <p>5:00 DINNER</p> <p>– Game Night Gladiators</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Spring Into Motion</p> <p>– Cool Down Chats</p> <p>– Gayle's Gals</p> <p>– Daily Chronicles</p> <p>11:00 Songs and Prayers with Rabbi [Nohl]</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Bingo Bonanza</p> <p>– Luck of the Irish Party</p> <p>– Happy Hour: Strong Women and Strong Spirits</p> <p>– Ness and her Tunes [Cafe]</p> <p>5:00 DINNER</p> <p>– Echoes of Earth</p>	<p>9:30 Music and Memories!</p> <p>– Silver</p> <p>– Sneakers [CR]</p> <p>– Snack - N - Chat</p> <p>– Daily Chronicles</p> <p>12:00 LUNCH</p> <p>– Mental Gym [CR]</p> <p>– Matinee Magic and Popcorn</p> <p>5:00 DINNER</p> <p>– Game Night Gladiators</p>	
<p>9:30 Music and Memories!</p> <p>– Faith & Fellowship [CR]</p> <p>– Grace and Goodies</p> <p>12:00 LUNCH</p> <p>– Heinzl Piano Music [CR]</p> <p>– Daily Chronicles and Current Events</p> <p>– Sippy Social</p> <p>– Mind Masters</p> <p>5:00 DINNER</p> <p>– Symphony Sounds</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Zumba [In House]</p> <p>– Cool Down Chats</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Polish Perfection [Salon]</p> <p>– Sippy Social</p> <p>– Afternoon Visits</p> <p>5:00 DINNER</p> <p>– Chill Chats</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Chair Yoga with Jana! [CR]</p> <p>– Cool Down Chats</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>2:00 Prayers with Rabbi Samuels [Nohl]</p> <p>– Singing and Hymns with Sue [Cafe]</p> <p>– Crafters Corner: Hands that Built History</p> <p>– Sippy Social</p> <p>5:00 DINNER</p> <p>– Daily Buzz</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Knit Happens with Erin</p> <p>– Wellness Wednesday</p> <p>– Cool Down Chats</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Take a Trip to London, England</p> <p>– Sippy Social</p> <p>– Calming Coloring</p> <p>– Gayle's Gals Book Club</p> <p>3:30 Sensory Studio</p> <p>5:00 DINNER</p> <p>– Film Frenzy</p>	<p>Voting</p> <p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Jane Fonda's Workout</p> <p>– Cool Down Chats</p> <p>– Word of the Day</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Women in History Picture Trivia</p> <p>– Sippy Social</p> <p>– Puzzles and Games Corner</p> <p>5:00 DINNER</p> <p>– Game Night Gladiators</p>	<p>Happy Birthday Doneta!!</p> <p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Spring Into Motion</p> <p>– Cool Down Chats</p> <p>– Gayle's Gals</p> <p>– Daily Chronicles</p> <p>11:00 Songs and Prayers with Rabbi [Nohl]</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Bingo Bonanza</p> <p>– Happy Hour: Strong Women and Strong Spirits</p> <p>– Ness and her Tunes [Cafe]</p> <p>5:00 DINNER</p> <p>– Echoes of Earth</p>	<p>9:30 Music and Memories!</p> <p>– Rachel's Music [CR]</p> <p>12:00 LUNCH</p> <p>– Daily Chronicles [CR]</p> <p>– Matinee Magic and Popcorn</p> <p>5:00 DINNER</p> <p>– Game Night Gladiators</p>	
<p>9:30 Music and Memories!</p> <p>– Faith & Fellowship [CR]</p> <p>– Grace and Goodies</p> <p>12:00 LUNCH</p> <p>– Chair Exercise [CR]</p> <p>– Sippy Social</p> <p>– Daily Chronicles and Current Events</p> <p>– Mind Masters</p> <p>5:00 DINNER</p> <p>– Symphony Sounds</p>	<p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Zumba [In House]</p> <p>– Cool Down Chats</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>– Polish Perfection [Salon]</p> <p>– Sippy Social</p> <p>– Afternoon Visits</p> <p>5:00 DINNER</p> <p>– Chill Chats</p>	<p>Happy Birthday Steven!!</p> <p>9:30 Morning Chitter Chatter and Coffee [In House]</p> <p>– Chair Yoga with Jana! [CR]</p> <p>– Cool Down Chats</p> <p>– Daily Chronicles</p> <p>– Daily Women in History</p> <p>12:00 LUNCH</p> <p>2:00 Prayers with Rabbi Samuels [Nohl]</p> <p>– Singing and Hymns with Sue [Cafe]</p> <p>– Crafters Corner: Hands that Built History</p> <p>– Sippy Social</p> <p>5:00 DINNER</p> <p>– Daily Buzz</p>	<p>“The meeting of preparation with opportunity generates the offspring we call luck.”</p> <p>– Anthony Robbins</p>			<p>MARCH INTO WOMEN'S HISTORY MONTH</p>	