










# May 2026

## Andrews Memory Care Monthly

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
  Memories  Opportunities  Social  Active  Intellectual  Creativity	<b>May cont'd</b> <b>31</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li>Hour of Faith</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Afternoon Snack &amp; Chat</li> <li>Activity Page Grab &amp; Go</li> <li>Dinner</li> <li>Evening Stroll</li> </ul>				<b>1</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li><b>Feel the Beat Friday's- Drum Circle</b></li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Word Puzzles</li> <li><b>Run for the Roses: Happy Hour!</b></li> <li>Harmony Hour</li> <li>Dinner</li> <li>Cinematic Music</li> </ul>	<b>2</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li>Springtime Collage Detective</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Afternoon Snack &amp; Chat</li> <li>Movie Matinee: Lights, Camera, Action!</li> <li>Peaceful Puzzles</li> <li>Dinner</li> <li>Evening Stroll</li> </ul>		
	<b>3</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li>Hour of Faith</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Sunday Scrapbooking</li> <li>Afternoon Snack &amp; Chat</li> <li>Activity Page Grab &amp; Go</li> <li>Dinner</li> <li>Evening Stroll</li> </ul>				<b>4</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise: Chair Yoga</li> <li><b>Neigh-me that Tune</b></li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Afternoon Snack &amp; Chat</li> <li>Color Club</li> <li>Truth &amp; Stories Hour</li> <li>Activity Page Grab &amp; Go</li> <li>Dinner</li> <li>Meditation Music</li> </ul>	<b>5</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li>Ready, Set, Play!</li> <li>Lunch</li> <li>Afternoon Walk</li> <li><b>Cinco de Mayo Fiesta!</b></li> <li><b>Crafter's Corner: Roses &amp; Ribbons Workshop</b></li> <li>Activity Page Grab &amp; Go</li> <li>Dinner</li> <li>Smooth Jazz</li> </ul>	<b>6</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li><b>Giddy Up! Morning Exercise</b></li> <li>Match &amp; Master</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Movies &amp; Manicures</li> <li>Afternoon Snack &amp; Chat</li> <li>Travelogue</li> <li>Dinner</li> <li>Classical Music</li> </ul>	<b>7</b> <ul style="list-style-type: none"> <li><b>Happy Birthday Sharon C.!</b></li> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li><b>Trivia with your NEIGHBors!</b></li> <li>Lunch</li> <li>Afternoon Walk</li> <li><b>Pretty in Pink Mother's Tea Party! (Dewey)</b></li> <li>Afternoon Snack &amp; Chat</li> <li>Bingo!</li> <li>Race Day Facts &amp; Fun</li> <li>Dinner</li> <li>Nature Sounds</li> </ul>
	<b>Mother's Day</b> <b>10</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li>Hour of Faith</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Sunday Scrapbooking</li> <li>Afternoon Snack &amp; Chat</li> <li>Activity Page Grab &amp; Go</li> <li>Dinner</li> <li>Evening Stroll</li> </ul>	<b>11</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise: Chair Yoga</li> <li><b>Neigh-me that Tune</b></li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Afternoon Snack &amp; Chat</li> <li>Color Club</li> <li>Truth &amp; Stories Hour</li> <li>Activity Page Grab &amp; Go</li> <li>Dinner</li> <li>Meditation Music</li> </ul>	<b>12</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li>Ready, Set, Play!</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Afternoon Snack &amp; Chat</li> <li><b>Crafter's Corner: Roses &amp; Ribbons Workshop</b></li> <li>Activity Page Grab &amp; Go</li> <li>Dinner</li> <li>Smooth Jazz</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li><b>Giddy Up! Morning Exercise</b></li> <li>Match &amp; Master</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Movies &amp; Manicures</li> <li>Afternoon Snack &amp; Chat</li> <li>Travelogue</li> <li>Dinner</li> <li>Classical Music</li> </ul>	<b>14</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li><b>Trivia with your NEIGHBors!</b></li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Afternoon Snack &amp; Chat</li> <li>Bingo!</li> <li>Race Day Facts &amp; Fun</li> <li>Dinner</li> <li>Nature Sounds</li> </ul>	<b>15</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li><b>Feel the Beat Friday's- Drum Circle</b></li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Word Puzzles</li> <li><b>Run for the Roses: Happy Hour!</b></li> <li>Harmony Hour</li> <li>Dinner</li> <li>Cinematic Music</li> </ul>	<b>16</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li>Springtime Collage Detective</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Afternoon Snack &amp; Chat</li> <li>Movie Matinee: Lights, Camera, Action!</li> <li>Peaceful Puzzles</li> <li>Dinner</li> <li>Evening Stroll</li> </ul>	
	<p>Please note that all activities and events are subject to change, including event times. Due to the ever-changing needs within memory care and assisted living, flexibility allows us to best support our residents and provide meaningful moments of engagement.</p> <p>Thank you for your understanding!</p>	<b>17</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li>Hour of Faith</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Afternoon Snack &amp; Chat</li> <li>Activity Page Grab &amp; Go</li> <li>Dinner</li> <li>Evening Stroll</li> </ul>	<b>18</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise: Chair Yoga</li> <li><b>Neigh-me that Tune</b></li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Afternoon Snack &amp; Chat</li> <li>Color Club</li> <li>Truth &amp; Stories Hour</li> <li>Activity Page Grab &amp; Go</li> <li>Dinner</li> <li>Meditation Music</li> </ul>	<b>19</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li>Ready, Set, Play!</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Afternoon Snack &amp; Chat</li> <li><b>Crafter's Corner: Roses &amp; Ribbons Workshop</b></li> <li>Activity Page Grab &amp; Go</li> <li>Dinner</li> <li>Smooth Jazz</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li><b>Giddy Up! Morning Exercise</b></li> <li>Match &amp; Master</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Movies &amp; Manicures</li> <li>Afternoon Snack &amp; Chat</li> <li>Travelogue</li> <li>Dinner</li> <li>Classical Music</li> </ul>	<b>21</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li><b>Trivia with your NEIGHBors!</b></li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Afternoon Snack &amp; Chat</li> <li>Bingo!</li> <li>Race Day Facts &amp; Fun</li> <li>Dinner</li> <li>Nature Sounds</li> </ul>	<b>22</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li><b>Feel the Beat Friday's- Drum Circle</b></li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Word Puzzles</li> <li><b>Run for the Roses: Happy Hour!</b></li> <li>Harmony Hour</li> <li>Dinner</li> <li>Cinematic Music</li> </ul>	<b>23</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li>Springtime Collage Detective</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Afternoon Snack &amp; Chat</li> <li>Movie Matinee: Lights, Camera, Action!</li> <li>Peaceful Puzzles</li> <li>Dinner</li> <li>Evening Stroll</li> </ul>
		<b>24</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li>Hour of Faith</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Sunday Scrapbooking</li> <li>Afternoon Snack &amp; Chat</li> <li>Activity Page Grab &amp; Go</li> <li>Dinner</li> <li>Evening Stroll</li> </ul>	<b>Memorial Day</b> <b>25</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise: Chair Yoga</li> <li><b>Neigh-me that Tune</b></li> <li>Lunch</li> <li>Afternoon Walk</li> <li><b>Campfire Songs w/ Mike!</b></li> <li>Afternoon Snack &amp; Chat</li> <li>Color Club</li> <li>Activity Page Grab &amp; Go</li> <li>Dinner</li> <li>Meditation Music</li> </ul>	<b>26</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li>Ready, Set, Play!</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Afternoon Snack &amp; Chat</li> <li><b>Crafter's Corner: Roses &amp; Ribbons Workshop</b></li> <li>Activity Page Grab &amp; Go</li> <li>Dinner</li> <li>Smooth Jazz</li> </ul>	<b>27</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li><b>Giddy Up! Morning Exercise</b></li> <li>Match &amp; Master</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Movies &amp; Manicures</li> <li>Afternoon Snack &amp; Chat</li> <li>Travelogue</li> <li>Dinner</li> <li>Classical Music</li> </ul>	<b>28</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li><b>Trivia with your NEIGHBors!</b></li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Afternoon Snack &amp; Chat</li> <li>Bingo!</li> <li>Race Day Facts &amp; Fun</li> <li>Dinner</li> <li>Nature Sounds</li> </ul>	<b>29</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li><b>Feel the Beat Friday's- Drum Circle</b></li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Word Puzzles</li> <li><b>Run for the Roses: Happy Hour!</b></li> <li>Harmony Hour</li> <li>Dinner</li> <li>Cinematic Music</li> </ul>	<b>30</b> <ul style="list-style-type: none"> <li>Coffee &amp; Chronicles</li> <li>Morning Exercise</li> <li>Springtime Collage Detective</li> <li>Lunch</li> <li>Afternoon Walk</li> <li>Afternoon Snack &amp; Chat</li> <li>Movie Matinee: Lights, Camera, Action!</li> <li>Peaceful Puzzles</li> <li>Dinner</li> <li>Evening Stroll</li> </ul>
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