

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



9:30 Spiritual Program	1
10:30 Morning Exercise	
11:15 Daily Chronicles	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Coffee and Chat	
2:45 Jigsaw Puzzles	
5:00 Dinner	

Groundhog Day	2
9:00 Coffee and Chat	
10:00 Bible Study with Pastor Philip	
11:00 Daily Chronicles	
11:15 Weekly Trivia Quiz	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Dominoes	
3:00 Bingo	
5:00 Dinner	

9:00 Coffee and Chat	3
10:00 Morning Exercise: Chair Yoga	
10:45 Daily Chronicles	
11:15 Boggle	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Love Through the Ages Trivia	
3:00 Hearts & Crafts	
5:00 Dinner	

9:00 Coffee and Chat	4
10:00 Love in Motion: Morning Exercise	
10:45 Daily Chronicles	
11:15 Only Good News	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Left, Right, Center with Mary	
3:30 Board Game Blitz	
5:00 Dinner	

9:00 Coffee and Chat	5
10:00 Library Visit	
11:00 Daily Chronicles	
11:15 Jeopardy!	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Touching Tunes Bingo	
3:30 Open Craft Studio	
5:00 Dinner	

- Catholic Communion	6
9:00 Coffee and Chat	
10:00 Morning Exercise	
10:45 Daily Chronicles	
11:15 Word Games	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Love at First Bite	
3:00 Love on the Rocks	
5:00 Dinner	

9:00 Coffee and Chat	7
10:00 Morning Exercise: Tai Chi	
10:45 Daily Chronicles	
11:15 Dominoes	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Pickle People	
3:00 Card Games: Dealer's Choice	
5:00 Dinner	

9:30 Spiritual Program	8
10:30 Morning Exercise	
11:15 Daily Chronicles	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Coffee and Chat	
2:30 Superbowl Pre-Game Party	
5:00 Dinner	

9:30 Coffee and Chat	9
10:00 Resident Led Bible Study	
11:00 Daily Chronicles	
11:15 Weekly Trivia Quiz	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Dominoes	
3:00 Bingo	
5:00 Dinner	

9:30 Coffee and Chat	10
10:00 Morning Exercise: Chair Yoga	
10:45 Daily Chronicles	
11:00 Resident Council	
12:00 Lunch	
1:30 The Garbage Pickers Band	
3:00 Hearts & Crafts	
5:00 Dinner	

9:30 Coffee and Chat	11
10:00 Love in Motion: Morning Exercise	
10:45 Daily Chronicles	
11:15 Only Good News	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Jigsaw Puzzles	
3:30 Board Game Blitz	
5:00 Dinner	

9:30 Coffee and Chat	12
10:00 Pamper & Polish	
11:15 Jeopardy!	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Open Craft Studio	
3:00 Touching Tunes Bingo	
5:00 Dinner	

- Catholic Communion	13
9:30 Coffee and Chat	
10:00 Morning Exercise	
10:45 Daily Chronicles	
11:15 Word Games	
12:00 Lunch	
1:30 Afternoon Walk	
1:30 Outing: Romeo & Juliet at the Library	
2:00 Cozy Coloring	
3:00 Love on the Rocks	
5:00 Dinner	

9:30 Coffee and Chat	14
10:00 Morning Exercise: Tai Chi	
10:45 Daily Chronicles	
11:15 Dominoes	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Jigsaw Puzzles	
3:00 Card Games: Dealer's Choice	
5:00 Dinner	

9:30 Spiritual Program	15
10:30 Morning Exercise	
11:15 Daily Chronicles	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Coffee and Chat	
2:45 Jigsaw Puzzles	
5:00 Dinner	

9:30 Coffee and Chat	16
10:00 Bible Study with Pastor Philip	
11:00 Daily Chronicles	
11:15 Weekly Trivia Quiz	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Dominoes	
3:00 Bingo	
5:00 Dinner	

9:30 Coffee and Chat	17
10:00 Morning Exercise: Chair Yoga	
10:45 Daily Chronicles	
11:15 Boggle	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Olympics Trivia	
3:00 Hearts & Crafts	
5:00 Dinner	

9:30 Coffee and Chat	18
10:00 Love in Motion: Morning Exercise	
10:45 Daily Chronicles	
11:15 Only Good News	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Left, Right, Center with Mary	
3:30 Board Game Blitz	
5:00 Dinner	

9:30 Coffee and Chat	19
10:00 Morning Exercise: Strength	
10:00 Outing: Walmart	
10:45 Daily Chronicles	
11:15 Jeopardy!	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Touching Tunes Bingo	
3:30 Open Craft Studio	
5:00 Dinner	

- Catholic Communion	20
9:30 Coffee and Chat	
10:00 Morning Exercise	
10:45 Daily Chronicles	
11:15 Word Games	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Love at First Bite	
3:00 Love on the Rocks	
5:00 Dinner	

9:30 Coffee and Chat	21
10:00 Morning Exercise: Tai Chi	
10:45 Daily Chronicles	
11:15 Dominoes	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Jigsaw Puzzles	
3:00 Card Games: Dealer's Choice	
5:00 Dinner	

9:30 Spiritual Program	22
10:30 Morning Exercise	
11:15 Daily Chronicles	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Coffee and Chat	
2:45 Jigsaw Puzzles	
5:00 Dinner	

9:30 Coffee and Chat	23
10:00 Resident Led Bible Study	
11:00 Daily Chronicles	
11:15 Weekly Trivia Quiz	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Dominoes	
3:00 Bingo	
5:00 Dinner	

9:30 Coffee and Chat	24
10:00 Morning Exercise: Chair Yoga	
10:45 Daily Chronicles	
11:15 Boggle	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Love Through the Ages Trivia	
3:00 Hearts & Crafts	
5:00 Dinner	

9:30 Coffee and Chat	25
10:00 Love in Motion: Morning Exercise	
10:45 Daily Chronicles	
11:15 Only Good News	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Jigsaw Puzzles	
3:30 Board Game Blitz	
5:00 Dinner	

9:30 Coffee and Chat	26
10:00 Morning Exercise: Strength	
10:45 Daily Chronicles	
11:15 Jeopardy!	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Touching Tunes Bingo	
3:30 Open Craft Studio	
5:00 Dinner	

- Catholic Communion	27
9:30 Coffee and Chat	
10:00 Morning Exercise	
10:45 Daily Chronicles	
11:15 Word Games	
12:00 Lunch	
1:00 Outing: Walmart	
1:30 Afternoon Walk	
2:00 Cozy Coloring	
3:00 Love on the Rocks	
5:00 Dinner	

9:30 Coffee and Chat	28
10:00 Morning Exercise: Tai Chi	
10:45 Daily Chronicles	
11:15 Dominoes	
12:00 Lunch	
1:30 Afternoon Walk	
2:00 Jigsaw Puzzles	
3:00 Card Games: Dealer's Choice	
5:00 Dinner	

Please note that all activities and events are subject to change, including event times. Due to the ever-changing needs within memory care and assisted living, flexibility allows us to best support our residents and provide meaningful moments of engagement.

Thank you for your understanding!

