



- Memories
- Opportunities
- Social
- Active
- Intellectual
- Creativity

Please note that all activities and events are subject to change, including event times. Due to the ever-changing needs within memory care and assisted living, flexibility allows us to best support our residents and provide meaningful moments of engagement.

Thank you for your understanding!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <ul style="list-style-type: none"> - Spiritual Program - Morning Exercise - Daily Chronicles 12:00 Lunch - Afternoon Walk - Coffee and Chat - Julie's Craft Club - Activity Page Grab & Go 5:00 Dinner - Evening Stroll 	2 Groundhog Day <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise: Chair Yoga - Daily Chronicles - Tunes that Touched Our Hearts 12:00 Lunch - Afternoon Walk - Afternoon Snack - Nerf Duck Hunt - Only Good News - Activity Page Grab & Go 5:00 Dinner - Meditation Music 	3 <ul style="list-style-type: none"> - Coffee and Chat - Love in Motion: Chair Exercises - Daily Chronicles - I Spy Bottles 12:00 Lunch - Afternoon Walk - Magnetic Fishing - Movies and Manicures - Activity Page Grab & Go 5:00 Dinner - Smooth Jazz 	4 Happy Birthday Dick B.! <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise: Strength - Daily Chronicles - Building Blocks 12:00 Lunch - Afternoon Walk - Afternoon Snack - Hearts & Crafts - Finish the Phrase 5:00 Dinner - Classical Music 	5 <ul style="list-style-type: none"> - Coffee and Chat - Balloon Volleyball - Daily Chronicles - Beach Ball Questions 12:00 Lunch - Afternoon Walk - Love at First Bite - Bingo 5:00 Dinner - Nature Sounds 	6 <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise - Daily Chronicles - Love Through the Ages Trivia 12:00 Lunch - Afternoon Walk - Pasta Sort - Love on the Rocks 5:00 Dinner - Cinematic Music 	7 <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise - Daily Chronicles - Collage Detective 12:00 Lunch - Afternoon Walk - Sing-a-Long - Mini Bowling 5:00 Dinner
8 <ul style="list-style-type: none"> - Spiritual Program - Morning Exercise - Daily Chronicles 12:00 Lunch - Afternoon Walk - Coffee and Chat - Coloring Pages - Activity Page Grab & Go 5:00 Dinner - Evening Stroll 	9 <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise: Chair Yoga - Daily Chronicles - Tunes that Touched Our Hearts 12:00 Lunch - Afternoon Walk - Afternoon Snack - Nerf Duck Hunt - Only Good News - Activity Page Grab & Go 5:00 Dinner - Meditation Music 	10 <ul style="list-style-type: none"> - Coffee and Chat - Love in Motion: Chair Exercises - Daily Chronicles - I Spy Bottles 12:00 Lunch - Afternoon Walk - Magnetic Fishing - Movies and Manicures - Activity Page Grab & Go 5:00 Dinner - Smooth Jazz 	11 <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise: Strength - Daily Chronicles - Building Blocks 12:00 Lunch - Afternoon Walk - Afternoon Snack - Hearts & Crafts - Finish the Phrase 5:00 Dinner - Classical Music 	12 <ul style="list-style-type: none"> - Coffee and Chat - Balloon Volleyball - Daily Chronicles - Beach Ball Questions 12:00 Lunch - Afternoon Walk 2:00 Mike Stillwell's Campfire Show - Guess a Letter 5:00 Dinner - Nature Sounds 	13 <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise - Daily Chronicles - Love Through the Ages Trivia 12:00 Lunch - Afternoon Walk - Pasta Sort - Forever & Always Valentine's Soiree 5:00 Dinner - Cinematic Music 	14 Valentine's Day <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise - Daily Chronicles - Collage Detective 12:00 Lunch - Afternoon Walk - Sing-a-Long - Mini Bowling 5:00 Dinner
15 <ul style="list-style-type: none"> - Spiritual Program - Morning Exercise - Daily Chronicles 12:00 Lunch - Afternoon Walk - Coffee and Chat - Julie's Craft Club - Activity Page Grab & Go 5:00 Dinner - Evening Stroll 	16 Presidents' Day <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise: Chair Yoga - Daily Chronicles - Tunes that Touched Our Hearts 12:00 Lunch - Afternoon Walk - Afternoon Snack - Nerf Duck Hunt - Only Good News - Activity Page Grab & Go 5:00 Dinner - Meditation Music 	17 <ul style="list-style-type: none"> - Coffee and Chat - Love in Motion: Chair Exercises - Daily Chronicles - I Spy Bottles 12:00 Lunch - Afternoon Walk - Magnetic Fishing - Movies and Manicures - Activity Page Grab & Go 5:00 Dinner - Smooth Jazz 	18 <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise: Strength - Daily Chronicles - Building Blocks 12:00 Lunch - Afternoon Walk - Afternoon Snack - Hearts & Crafts - Finish the Phrase 5:00 Dinner - Classical Music 	19 <ul style="list-style-type: none"> - Coffee and Chat - Balloon Volleyball - Daily Chronicles - Beach Ball Questions 12:00 Lunch - Afternoon Walk - Love at First Bite - Bingo 5:00 Dinner - Nature Sounds 	20 <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise - Daily Chronicles - Love Through the Ages Trivia 12:00 Lunch - Afternoon Walk - Pasta Sort - Love on the Rocks 5:00 Dinner - Cinematic Music 	21 <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise - Daily Chronicles - Collage Detective 12:00 Lunch - Afternoon Walk - Sing-a-Long - Mini Bowling 5:00 Dinner
22 <ul style="list-style-type: none"> - Spiritual Program - Morning Exercise - Spiritual Program - Daily Chronicles 12:00 Lunch - Afternoon Walk - Coffee and Chat - Coloring Pages - Activity Page Grab & Go 5:00 Dinner - Evening Stroll 	23 <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise: Chair Yoga - Daily Chronicles - Tunes that Touched Our Hearts 12:00 Lunch - Afternoon Walk - Afternoon Snack - Nerf Duck Hunt - Only Good News - Activity Page Grab & Go 5:00 Dinner - Meditation Music 	24 <ul style="list-style-type: none"> - Coffee and Chat - Love in Motion: Chair Exercises - Daily Chronicles - I Spy Bottles 12:00 Lunch - Afternoon Walk - Magnetic Fishing - Movies and Manicures - Activity Page Grab & Go 5:00 Dinner - Smooth Jazz 	25 <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise: Strength - Daily Chronicles - Building Blocks 12:00 Lunch - Afternoon Walk - Afternoon Snack - Hearts & Crafts - Finish the Phrase 5:00 Dinner - Classical Music 	26 <ul style="list-style-type: none"> - Coffee and Chat - Balloon Volleyball - Daily Chronicles - Beach Ball Questions 12:00 Lunch - Afternoon Walk - Guess a Letter - Bingo 5:00 Dinner - Nature Sounds 	27 <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise - Daily Chronicles - Love Through the Ages Trivia 12:00 Lunch - Afternoon Walk - Pasta Sort - February Birthday Bash 5:00 Dinner - Cinematic Music 	28 <ul style="list-style-type: none"> - Coffee and Chat - Morning Exercise - Daily Chronicles - Collage Detective 12:00 Lunch - Afternoon Walk - Sing-a-Long - Mini Bowling 5:00 Dinner

