

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
  Memories  Opportunities  Social  Active  Intellectual  Creativity	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🕒 Hour of Faith</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>📄 Sunday Scrapbooking</p> <p>🗨️ Afternoon Snack & Chat</p> <p>📄 Activity Page Grab & Go</p> <p>5:00 Dinner</p> <p>🚶 Evening Stroll</p> <p>1</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise: Chair Yoga</p> <p>❤️ The Women Who Shaped My Life</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>🎨 Color Club</p> <p>📄 Only Good News</p> <p>📄 Activity Page Grab & Go</p> <p>5:00 Dinner</p> <p>🎵 Meditation Music</p> <p>2</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🗨️ Tabletop Games</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>📄 Crafter's Corner: Hands that Built History</p> <p>🗨️ Afternoon Snack & Chat</p> <p>📄 Activity Page Grab & Go</p> <p>5:00 Dinner</p> <p>🎵 Smooth Jazz</p> <p>3</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Jane Fonda's Workout Routine</p> <p>🗨️ Match & Master</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>❤️ Manicures & Meditation</p> <p>🗨️ Afternoon Snack & Chat</p> <p>📄 Travelogue</p> <p>5:00 Dinner</p> <p>🎵 Classical Music</p> <p>4</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Balloon Volleyball</p> <p>🗨️ Terrific Trivia</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>🎮 Bingo</p> <p>📄 Voices of Courage Documentary</p> <p>5:00 Dinner</p> <p>🎵 Nature Sounds</p> <p>5</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🗨️ Lucky Roll Dice Games</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Word Puzzles</p> <p>🎮 The Lucky Pour Happy Hour</p> <p>❤️ Harmony Hour</p> <p>5:00 Dinner</p> <p>🎵 Cinematic Music</p> <p>6</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🗨️ Collage Detective</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>❤️ Movie Matinee: Women Who Made History</p> <p>🚶 Peaceful Puzzles</p> <p>5:00 Dinner</p> <p>🚶 Evening Stroll</p> <p>7</p>	
	<p>Daylight Saving Time Begins</p> <p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🕒 Hour of Faith</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>📄 Sunday Scrapbooking</p> <p>🗨️ Afternoon Snack & Chat</p> <p>📄 Activity Page Grab & Go</p> <p>5:00 Dinner</p> <p>🚶 Evening Stroll</p> <p>8</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise: Chair Yoga</p> <p>❤️ The Women Who Shaped My Life</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>🎨 Color Club</p> <p>📄 Only Good News</p> <p>📄 Activity Page Grab & Go</p> <p>5:00 Dinner</p> <p>🎵 Meditation Music</p> <p>9</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🗨️ Tabletop Games</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>📄 Crafter's Corner: Hands that Built History</p> <p>📄 Activity Page Grab & Go</p> <p>5:00 Dinner</p> <p>🎵 Smooth Jazz</p> <p>10</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Jane Fonda's Workout Routine</p> <p>🗨️ Match & Master</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>❤️ Manicures & Meditation</p> <p>🗨️ Afternoon Snack & Chat</p> <p>📄 Travelogue</p> <p>5:00 Dinner</p> <p>🎵 Classical Music</p> <p>11</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Balloon Volleyball</p> <p>🗨️ Terrific Trivia</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>🎮 Bingo</p> <p>📄 Voices of Courage Documentary</p> <p>5:00 Dinner</p> <p>🎵 Nature Sounds</p> <p>12</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🗨️ Lucky Roll Dice Games</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🎮 Baker's Club</p> <p>🎮 The Lucky Pour Happy Hour</p> <p>❤️ Harmony Hour</p> <p>5:00 Dinner</p> <p>🎵 Cinematic Music</p> <p>13</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🗨️ Collage Detective</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>❤️ Movie Matinee: Women Who Made History</p> <p>🚶 Peaceful Puzzles</p> <p>5:00 Dinner</p> <p>🚶 Evening Stroll</p> <p>14</p>	
	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🕒 Hour of Faith</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>📄 Sunday Scrapbooking</p> <p>🗨️ Afternoon Snack & Chat</p> <p>📄 Activity Page Grab & Go</p> <p>5:00 Dinner</p> <p>🚶 Evening Stroll</p> <p>15</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise: Chair Yoga</p> <p>❤️ The Women Who Shaped My Life</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>🎨 Color Club</p> <p>📄 Only Good News</p> <p>📄 Activity Page Grab & Go</p> <p>5:00 Dinner</p> <p>🎵 Meditation Music</p> <p>16</p>	<p>St. Patrick's Day - Wear Green</p> <p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🗨️ Tabletop Games</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>📄 Luck of the Irish Party</p> <p>📄 Activity Page Grab & Go</p> <p>5:00 Dinner</p> <p>🎵 Smooth Jazz</p> <p>17</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Jane Fonda's Workout Routine</p> <p>🗨️ Match & Master</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>❤️ Manicures & Meditation</p> <p>🗨️ Afternoon Snack & Chat</p> <p>📄 Travelogue</p> <p>5:00 Dinner</p> <p>🎵 Classical Music</p> <p>18</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Balloon Volleyball</p> <p>🗨️ Terrific Trivia</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>🎮 Bingo</p> <p>📄 Voices of Courage Documentary</p> <p>5:00 Dinner</p> <p>🎵 Nature Sounds</p> <p>19</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🗨️ Lucky Roll Dice Games</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Word Puzzles</p> <p>🎮 The Lucky Pour Happy Hour</p> <p>❤️ Harmony Hour</p> <p>5:00 Dinner</p> <p>🎵 Cinematic Music</p> <p>20</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🗨️ Collage Detective</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>❤️ Movie Matinee: Women Who Made History</p> <p>🚶 Peaceful Puzzles</p> <p>5:00 Dinner</p> <p>🚶 Evening Stroll</p> <p>21</p>	
	<p>Please note that all activities and events are subject to change, including event times. Due to the ever-changing needs within memory care and assisted living, flexibility allows us to best support our residents and provide meaningful moments of engagement.</p> <p>Thank you for your understanding!</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🕒 Hour of Faith</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>📄 Sunday Scrapbooking</p> <p>🗨️ Afternoon Snack & Chat</p> <p>📄 Activity Page Grab & Go</p> <p>5:00 Dinner</p> <p>🚶 Evening Stroll</p> <p>22</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise: Chair Yoga</p> <p>❤️ The Women Who Shaped My Life</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>🎨 Color Club</p> <p>📄 Only Good News</p> <p>📄 Activity Page Grab & Go</p> <p>5:00 Dinner</p> <p>🎵 Meditation Music</p> <p>23</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🗨️ Tabletop Games</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>📄 Crafter's Corner: Hands that Built History</p> <p>📄 Activity Page Grab & Go</p> <p>5:00 Dinner</p> <p>🎵 Smooth Jazz</p> <p>24</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Jane Fonda's Workout Routine</p> <p>🗨️ Match & Master</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>❤️ Manicures & Meditation</p> <p>🗨️ Afternoon Snack & Chat</p> <p>📄 Travelogue</p> <p>5:00 Dinner</p> <p>🎵 Classical Music</p> <p>25</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Balloon Volleyball</p> <p>🗨️ Terrific Trivia</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>🎮 Bingo</p> <p>📄 Voices of Courage Documentary</p> <p>5:00 Dinner</p> <p>🎵 Nature Sounds</p> <p>26</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🗨️ Lucky Roll Dice Games</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🎮 Baker's Club</p> <p>🎮 The Lucky Pour Happy Hour</p> <p>❤️ Harmony Hour</p> <p>5:00 Dinner</p> <p>🎵 Cinematic Music</p> <p>27</p>	<p>🐰 Hop-In with the Easter Bunny!</p> <p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🗨️ Collage Detective</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>❤️ Movie Matinee: Women Who Made History</p> <p>🚶 Peaceful Puzzles</p> <p>5:00 Dinner</p> <p>🚶 Evening Stroll</p> <p>28</p>
	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🕒 Hour of Faith</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>📄 Sunday Scrapbooking</p> <p>🗨️ Afternoon Snack & Chat</p> <p>📄 Activity Page Grab & Go</p> <p>5:00 Dinner</p> <p>🚶 Evening Stroll</p> <p>29</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise: Chair Yoga</p> <p>❤️ The Women Who Shaped My Life</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>🎨 Color Club</p> <p>📄 Only Good News</p> <p>📄 Activity Page Grab & Go</p> <p>5:00 Dinner</p> <p>🎵 Meditation Music</p> <p>30</p>	<p>☕ Coffee & Chronicles</p> <p>🚶 Morning Exercise</p> <p>🗨️ Tabletop Games</p> <p>12:00 Lunch</p> <p>🚶 Afternoon Walk</p> <p>🗨️ Afternoon Snack & Chat</p> <p>📄 Crafter's Corner: Hands that Built History</p> <p>📄 Activity Page Grab & Go</p> <p>5:00 Dinner</p> <p>🎵 Smooth Jazz</p> <p>31</p>	<p>"The meeting of preparation with opportunity generates the offspring we call luck."</p> <p>— Anthony Robbins</p>			 <p>MARCH INTO WOMEN'S HISTORY MONTH</p>	