

March 2026  
**MOSAIC Life Engagement Calendar**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
   Memories  Opportunities  Social  Active  Intellectual  Creativity	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Sunday Church Service</li> <li>Whirl and Swirl-Exercise</li> <li>Daily Chronicles</li> <li>Current Events</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Drop Cup</li> <li>How it's Made</li> </ul> <p>5:00 Dinner</p> <p><b>1</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Scarf Exercise</li> <li>Mindful Muse Mondays</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Change The Last Letter</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Whose Card is it Anyway</li> <li>Pioneers of the Pantry: Banana Cream Pies</li> </ul> <p>5:00 Dinner</p> <p><b>2</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Legacies In Motion</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Who Am I: A Woman in History</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>The Power Stitch: Photo Finish Four Leaf Clover</li> </ul> <p>5:00 Dinner</p> <p><b>3</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Story Exercise</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Trivia</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Movie and Manicures</li> <li>Calming Color Projects</li> </ul> <p>5:00 Dinner</p> <p><b>4</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Brew Crew - Event Room</li> <li>Whirl and Swirl</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Travelogue - London</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Women Who Rocked The World - Dance</li> <li>Moments in "Herstory" Story Hour</li> </ul> <p>5:00 Dinner</p> <p><b>5</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Exercise with Weights</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>NAMES: Categories</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>BINGO</li> </ul> <p>5:00 Dinner</p> <p><b>6</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Exercise</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Sing Along - Women Legends</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Bean Bag Toss</li> </ul> <p>5:00 Dinner</p> <p><b>7</b></p>	
	<p>Daylight Saving Time Begins</p> <ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Sunday Church Service</li> <li>Whirl and Swirl-Exercise</li> <li>Daily Chronicles</li> <li>Current Events</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Darts</li> <li>How it's Made</li> </ul> <p>5:00 Dinner</p> <p><b>8</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Scarf Exercise</li> <li>Mindful Muse Mondays</li> <li>Brighton Veterans Coffee Hour</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Car Trivia</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Pass the Hoop</li> <li>Puzzling Parlor</li> </ul> <p>5:00 Dinner</p> <p><b>9</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Legacies In Motion</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>First Lady Match Up</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Janet Lieb Live</li> </ul> <p>5:00 Dinner</p> <p><b>10</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Story Exercise</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Wacky Wordies</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Movie and Manicures</li> <li>Calming Color Projects - By Famous Women Artists</li> </ul> <p>5:00 Dinner</p> <p><b>11</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>VAHS Choir Performance</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Bible Study with Todd</li> <li>Moments in "Herstory" Story Hour</li> </ul> <p>5:00 Dinner</p> <p><b>12</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Exercise with Weights</li> <li>Catholic Communion</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Mixed Up Landmarks</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>BINGO</li> </ul> <p>5:00 Dinner</p> <p><b>13</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Exercise</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>National Let's Learn about Butterflies Day</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Knock Out Floor Dice Game</li> </ul> <p>5:00 Dinner</p> <p><b>14</b></p>	
	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Sunday Church Service</li> <li>Whirl and Swirl-Exercise</li> <li>Daily Chronicles</li> <li>Current Events</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Sow and Bore Word Fill In</li> <li>How it's Made</li> </ul> <p>5:00 Dinner</p> <p><b>15</b></p>	<p>Happy Birthday Arthur!</p> <ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Scarf Exercise</li> <li>Mindful Muse Mondays</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Run the Alphabet - Women's Edition</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Whose Card is it Anyway</li> <li>Pioneers of the Pantry: Elenore Roosevelt's Cucumber Refresher</li> </ul> <p>5:00 Dinner</p> <p><b>16</b></p>	<p>St. Patrick's Day</p> <ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Legacies In Motion</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Pot of Gold Spinner Game</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>The Power Stitch: Paper Plate St. Patrick Day Wreaths</li> <li>Find the Pot of Gold</li> </ul> <p>5:00 Dinner</p> <p><b>17</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Story Exercise</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Singing Sensations with Judy</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Movie and Manicures</li> <li>Calming Color Projects</li> </ul> <p>5:00 Dinner</p> <p><b>18</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Name That Instrument</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Volleyball in Event Room</li> <li>Moments in "Herstory" Story Hour</li> </ul> <p>5:00 Dinner</p> <p><b>19</b></p>	<p>Happy Birthday Joyce H!</p> <ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Exercise with Weights</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Where Am I</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>BINGO</li> </ul> <p>5:00 Dinner</p> <p><b>20</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Exercise</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Sights and Sounds of Nashville, TN</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Skee-Ball</li> </ul> <p>5:00 Dinner</p> <p><b>21</b></p>	
	<p>Please note that all activities and events are subject to change, including event times. Due to the ever-changing needs within memory care and assisted living, flexibility allows us to best support our residents and provide meaningful moments of engagement.</p> <p>Thank you for your understanding!</p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Sunday Church Service</li> <li>Whirl and Swirl-Exercise</li> <li>Daily Chronicles</li> <li>Current Events</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Axe Throwing</li> <li>How it's Made</li> </ul> <p>5:00 Dinner</p> <p><b>22</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Scarf Exercise</li> <li>Mindful Muse Mondays</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Who Am I - A Woman in History</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>March IQ</li> <li>Pioneers of the Pantry: Classic Tea Sandwiches</li> </ul> <p>5:00 Dinner</p> <p><b>23</b></p>	<p>Happy Birthday Dudley!</p> <ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Legacies In Motion</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Name 3: Women In History</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Snowball Toss</li> <li>The Power Stitch: Paint by Numbers</li> </ul> <p>5:00 Dinner</p> <p><b>24</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Story Exercise</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Wheel of Fortune</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Elvis LIVE!</li> <li>Calming Color Projects</li> </ul> <p>5:00 Dinner</p> <p><b>25</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>THINGS: Categories</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Drum Circle - Event Room</li> <li>Moments in "Herstory" Story Hour</li> </ul> <p>5:00 Dinner</p> <p><b>26</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Exercise with Weights</li> <li>Catholic Communion</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Skippping Through Spring Game</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Move and Groove</li> <li>BINGO</li> </ul> <p>5:00 Dinner</p> <p><b>27</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Exercise</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Remembering Women In History</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Audrey Hepburn Word Find</li> <li>Bowl-A-Thon</li> </ul> <p>5:00 Dinner</p> <p><b>28</b></p>
	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Sunday Church Service</li> <li>Whirl and Swirl-Exercise</li> <li>Daily Chronicles</li> <li>Current Events</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Take a Penny, Leave a Penny</li> <li>How it's Made</li> </ul> <p>5:00 Dinner</p> <p><b>29</b></p>	<ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Whirl and Swirl-Scarf Exercise</li> <li>Mindful Muse Mondays</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>Crafting List It Game</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>Mary Clemons LIVE</li> </ul> <p>5:00 Dinner</p> <p><b>30</b></p>	<p>Happy Birthday Dick E!</p> <ul style="list-style-type: none"> <li>Coffee Clutch and Reminisce</li> <li>Legacies In Motion</li> <li>Daily Chronicles</li> <li>Current Events</li> <li>From Mythology to My Fair Lady</li> </ul> <p>12:00 Lunch</p> <ul style="list-style-type: none"> <li>Move and Groove</li> <li>The Power Stitch: Amelia Earhart Plane Craft</li> <li>Sing Along w/Susie Q</li> </ul> <p>5:00 Dinner</p> <p><b>31</b></p>	<p>"The meeting of preparation with opportunity generates the offspring we call luck."          – Anthony Robbins</p> 			<p>MARCH INTO  <b>WOMEN'S HISTORY MONTH</b></p>	