

# BROOKFIELD MC HOUSEHOLD HAPPENINGS

## REDISCOVER THE 70'S IN SEPTEMBER

### **Take Me Back to the 70's**

Every Monday Morning

Take a ride down memory lane as we share stories of county fairs, circuses, carnivals, and the summer traditions that made them so special. Through conversation, photos, and keepsakes, we'll celebrate cherished memories, favorite treats, exciting rides, and the moments that still make us smile.

### **Baker's Club: Peace, Love & Pastries**

Every Wednesday Afternoon

Grab your apron and join us for a groovy afternoon of baking! Inspired by the flavors and fun of the 1970s, we'll whip up a delicious treat while sharing stories, laughter, and memories from the decade of peace signs, bell bottoms, and disco. Come enjoy good company and something sweet fresh from the oven!

### **Happy Hour: Bell Bottom Beverages**

Every Friday Afternoon

Join us for a groovy '70s-themed happy hour featuring refreshing beverages, tasty snacks, classic hits from the decade, and plenty of laughter. Put on your best smile, sing along to your favorite tunes, and enjoy an afternoon of friendship and fun as we celebrate the unforgettable spirit of the 1970s.

### **Flower Power Fitness**

Every Tuesday Morning

Get moving with a little peace, love, and exercise! This groovy fitness class combines gentle stretches, seated and standing movements, and upbeat '70s music to keep you active while having fun. Whether you're swaying to the beat or reaching for the sky, you'll enjoy a feel-good workout that's all about staying healthy, smiling, and celebrating the flower power spirit of the 1970s.

### **That 70's Showdown**

Every Friday Morning

Think you know the grooviest decade of them all? Join us for That '70s Showdown, a fun-filled trivia challenge featuring questions about iconic music, TV shows, movies, fashions, famous faces, and unforgettable moments from the 1970s. Gather your team, share your memories, and see who comes out on top in this far-out blast from the past!

### **Crafter's Corner: Groovy Creations**

Every Wednesday Afternoon

This Crafter's Corner invites residents to create rustic, Northwoods-inspired projects while reminiscing about cabin life, nature, and summer traditions. With hands-on materials and relaxed conversation, this activity encourages creativity, fine motor engagement, and meaningful connection.

### **Boogie Down with Grandma and Grandpa for National Grandparents Day**

Sunday, September 13<sup>th</sup> at 1 PM

Celebrate Grandparents Day with a far-out trip back to the 1970s! Families are invited to join us for an afternoon of groovy fun featuring classic music, retro décor, delicious refreshments, and opportunities to make new memories together. Whether you're reminiscing about the disco days or simply enjoying time with loved ones, this celebration is all about honoring the generations that make our lives so special. Peace, love, and family—we can't wait to celebrate!

**Groovy**

